

Pre-Conference Workshops

MONDAY, MARCH 6

12:15 p.m.

Registration desk opens

Packet pick-up ONLY Workshops are pre-registration only

1-4 p.m.

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You've Found the Hazards – Now What?

Your company's safety committee has completed its quarterly walkthrough and has found a number of new health and safety hazards. What's next? What should you now do to control, or even better, eliminate, these hazards?

This workshop begins with a brief review of common safety inspection procedures and an overview of common workplace hazards. A group activity gives you the opportunity to identify some hazards. The bulk of the program then focuses on prioritizing the hazards identified and finding the most effective ways to correct and prevent them in the future. This is a highly interactive workshop featuring several hands-on problem-solving activities.

Tim McDonald, CSP

Senior Safety Management Consultant SAIF Corporation, Salem

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Customer Service – Within Your Teams and With Your Clients

In this training Robin gets to the heart of what outstanding customer service is, and how everyone can immediately provide this, with internal customers as well as external. Using two simple but profound understandings, learn how to assess what your client needs to feel heard and well served, while feeling competent, confident, and successful yourself. Identify your current strengths in each of the five areas of first-class customer service, and decide which new skills to add or brush up on. And for those times when situations get tense, learn how to communicate with calm, clarity and credibility.

- Become an exceptional listener
- Learn to develop rapport rapidly
- · Identify your customer's real need
- Problem solve: give as much as you can, but not more
- Deal with tough moments well

Robin Rose, MA

President

Robin Rose Training and Consulting, Inc., Salem

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AII

Unlocking Discretionary Effort: Engagement for Total Worker Health®

What are the triggers that prompt an employee to move beyond just completing a task to putting his or her heart and soul into it? What motivates an employee to actually invest in the task at hand? How can employers create an environment that supports employees to fully engage in doing their very best? And how does engagement fit into the Total Worker Health picture? This session provides insight into these questions with practical strategies to apply in the workplace.

Deb Fell-Carlson, RN, MSPH, COHN-S, FAAOHN

Policyholder Safety and Wellness Adviser SAIF Corporation, Salem

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L

Traffic Incident Management (TIM) Responder Training

Responders are being struck and killed at traffic incidents in the U.S. on an average of:

- · 5 fire fighters each year
- 1 law enforcement officer each month
- 1 tow truck operator each week
- Numerous transportation professionals from DOT, Public Works, and Safety Service Patrols each year

It is time to collaboratively enhance our safety and efficiency on incident scenes by training as a single cross disciplined, inter-agency team! The National TIM Responder Training Program was developed by responders for responders, and was designed to establish the foundation for and promote consistent training of all responders to achieve the three objectives of the TIM National Unified Goal (NUG):

- Responder Safety
- · Safe, Quick Clearance
- Prompt, Reliable, Interoperable Communications

The National TIM Responder Training Program is an Oregon DPSST certified course. Responders who attend the training receive credit for professional development. This training has also been endorsed by the International Association of Chiefs of Police (IACP), the International Association of Fire Chiefs (IAFC), the American Association of State Highway and Transportation Officials (AASHTO), the National Volunteer Fire Council (NVFC), the International Association of Directors of Law Enforcement Standards and Training (IADLEST), and the Towing and Recovery Association of America (TRAA).

Darin Weaver

Statewide Incident Management Coordinator Oregon Department of Transportation, Salem

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Safety Culture Evolution: Case Studies and Panel Discussion

Four organizations from a cross section of industries discuss the tools and processes they used to engage their employees in safety improvement process. Representatives from a brush manufacturer, a government agency, semiconductor manufacturer, and construction company share lessons learned and observable changes they experienced in their safety culture. Following their presentations the panel address questions from a moderator and the audience.

Information the representatives share includes:

- What triggered the safety improvement process
- · Where the organization was on the safety culture spectrum before starting the improvement process and its current position on the spectrum
- Observable and/or measurable differences in the safety culture
- Tools used
- Lessons learned
- Plans for the future

Tim Hart

Vice President of Western Operations Duro-Last Roofing, Inc., Medford

Rick Johnson

Human Resource Manager Sherwin Williams - Purdy Facility, Portland

Maria LeMay

TD EHS Engineer Intel Corporation, Hillsboro

Don Smith

Region 5 Safety Manager Oregon Department of Transportation, La Grande

David Soloman

Employee Safety Manager Oregon Department of Transportation, Salem

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B/I

Rigger/Signalperson – The Basics and Beyond

Many types of construction jobs involve working with hoisting loads. This work is dangerous and mistakes can cause serious accidents or even fatalities. Crane operators, riggers and laborers all need to follow safe work practices, including using equipment properly.

Attendees learn safe work practices around cranes, rigging loads, and proper hand signaling. The participants also identify and inspect equipment, calculate loads, understand sling angle stress, cover why "safety factors" are built in, etc.

Ian Chase, CET, CHST

Training Center Instructor Morrow Equipment, Salem 656

Machine Guarding

Amputations are a significant and often fatal result of inadequate machine quarding, lockout/tagout procedures or failure to adequately evaluate machine hazards and conduct proper hazard assessments. OSHA recognizes these problems and has instituted a National Emphasis Program (NEP) to identify and to reduce workplace machine and equipment hazards which are causing or likely to cause amputations. This program reviews the cause of amputations and discusses control measures (machine guarding methods, machine guarding devices and work procedures) as well as OSHA standards and industry guidelines.

Troy Corbin, CIH, CSP

NFPA Certified Marine Chemist NW Environmental Health & Safety, Happy Valley

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В

Industrial Hygiene for the Non-IH

The session provides a practical overview of the industrial hygiene profession geared for safety and environmental managers who have industrial hygiene as a collateral duty. There are discussions about the history of the IH profession, how IH and OSHA are related, performing worksite evaluations, and the fundamentals of toxicology. The second half of the class consists of a series of hands-on exercises. The attendees conduct mock exposure assessments using industrial hygiene research information. The class assembles a respirator cartridge change-out schedule for vapor overexposures. Finally, there are demonstrations of several key instruments used to evaluate workplace hazards.

Chris Gillett, MS

Internal Training Specialist Oregon OSHA, Tigard

Brian Hauck, MS, CIH

Industrial Hygienist Oregon OSHA, Tigard

Register online at www.oregongosh.com





Intermediate A Advanced







Pre-Conference Workshops

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Hearing Conservation: Program Best Practices and Determining Work-Relatedness

Hearing loss is the most prevalent occupational injury and a common cause of claims. If your workers are exposed to noisy environments, this class helps you to more effectively manage your risk and protect the hearing of your employees. This session reviews the common elements of a Hearing Conservation Program and discusses ways to move beyond "OSHA required" to best practices; including new developments in hearing protector personal fit-testing.

An important responsibility of the employer in partnership with the healthcare provider is to work cooperatively in the determination of whether hearing loss is considered to be work-related. Because employers are often confused about the determination of work-relatedness, a significant portion of the class is devoted to explaining the process used by health care professionals in making this determination and the employers' recording requirements for the OSHA 300 log.

Gregory Borgmeyer, Au.D., CCC-A

Lead Audiologist Adventist Medical Center, Portland

Erika C. Jones, Au.D., CCC-A

Audiologist Adventist Medical Center, Portland

Laurence Rosen, CIH

Consulting Industrial Hygienist Liberty Mutual Insurance, Portland

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Ergonomic Principles for Safety Committees

Musculoskeletal disorders (MSD), including overexertion injuries, are the leading source of disabling injuries in the workplace. Safety committees can be an essential part of a program to reduce these injuries. This session presents a strategy for using safety committees to systematically apply ergonomics principles to reduce risk in the workplace. The workshop outlines the training, tools, and processes that can effectively prepare a safety committee to analyze problem tasks and develop solutions. Participants in this session have the opportunity to:

- Learn a strategy for using a safety committee to drive ergonomics program implementation.
- · Identify risk factors that contribute to musculoskeletal disorders.
- Understand basic analysis tools to evaluate manual handling and repetitive motion tasks.
- Know how to apply engineering and administrative controls to reduce risk factors.
- Participate in a workshop to apply ergonomic principles to analyze and reduce risk.

Mark Goldberg, CPCU, ARM

Senior Consultant, Risk Control Services Liberty Mutual Insurance, Portland

Fred Norton, MS, CPE, ARM

Technical Director, Ergonomics, Falls, and Manufacturing Technology

Liberty Mutual Insurance, Walnut Creek, California

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Constructive Confrontation

When managers, supervisors, and lead people do not provide corrective feedback, it breeds inconsistency and diminishes relationships. In fact, when performance issues go uncorrected, serious consequences occur. Productivity, safety, and quality are negatively impacted, managers and supervisors lose their effectiveness as leaders, and the issues spread. Yet many leaders do not know the most effective ways to address performance issues. This program helps you and your team learn to forge solutions from the heat of confrontation, allowing all parties to emerge with clear understanding and full integrity.

Dan Miller

President Dan Miller & Associates, Bend









All Applicable for all levels