

Interest Tracks

COMMUNICATION/TRAINING

- 651: Customer Service Within Your Teams and With Your Clients
- **660:** Constructive Confrontation
- 703: Reducing Stress and Preventing Burnout Evidence-based Practices that Work
- **751:** Mindfulness in the Workplace
- 772: Coaching as a Leadership Skill
- **801:** Hook, Book, Look, and Took: A Simple Strategy for Instructional Design That Works!
- **810:** Dealing with People Who are Different from Me
- **823:** Communicating with Success
- **838:** How to Pick the Right Type of Online Safety Training for Your Company
- **851:** A Busy Leader's Guide to Dealing With Difficult Situations (and People)
- **904:** iPhones/iPads use in Environment, Health, Safety, Security and Emergency Response
- **919:** Watching You: The Art of Presenting

CONSTRUCTION

- **655:** Rigger/Signalperson The Basics and Beyond
- **709:** "Hope You Don't Fall"
- **713:** Work-related Traumatic Brain Injury in Oregon
- **719:** Parallels Between the Safety and Lean Journeys
- **753:** Prevention Through Design in Construction
- **757:** The Role of the Proactive Property Insurance Company in Construction Projects
- **761:** Strategies to Reduce Theft and Vandalism in the Construction Industry
- **773:** Safe Use of Working Platforms MEWP Safety
- **781:** Lead by Example: Safety is a Mindset and Habit
- **804:** Confined Spaces
- **811:** When Tech Meets Safety
- 812: Industrial Hygiene in Construction Emerging Issues
- **826:** Advanced Injury Prevention by Combining Ergonomics, Physical Medicine and Wearable Technology
- 830: Ladder Safety and Innovation
- **856:** Ergonomics and Safety Voice Training to Reduce Injuries in Bricklayers
- **859:** Personal Protective Equipment in Construction Trades
- **868:** Respiratory Protection Challenges in General Industry, Construction, and Health Care
- **910:** Connection Between Lean Design/Construction and Construction Worker Safety
- 914: Fall Protection Rescue Discussion and Demonstration
- 921: Electrical Incident Case Studies
- **923:** Build a Safe and Productive Supported Scaffold
- **951:** Trenching and Excavation: Safety and the Role of the Competent Person
- **954:** Oregon Fatality Assessment and Control Evaluation: Surveillance, Investigation, Research, and Outreach

CRAFT BREWING/WINEMAKING

- **711:** Are Fatality and Serious Injury Incidents Possible in Your Winery or Brewery Operation?
- **762:** Chemical and Lab Safety for Small to Mid-size Craft Breweries
- **771:** Safety Foresight for Growth in the Brewing Industry
- **815:** Robotics Safety in the Craft Beverage Industry
- 835: Growing Pains: Brewery and Winery Safety is No Accident

EMERGENCY RESPONSE AND PREPAREDNESS

- **653:** Traffic Incident Management (TIM) Responder Training
- **754:** Employee Family Emergency Preparedness
- **756:** Confined Space and Industrial Rescue: How Much and How?
- **778:** COOP, there it is: Continuity of Operations Planning
- **806:** Planning for Cascadia Earthquake and Tsunami Hazards in the Pacific Northwest
- **809:** Active Shooter (ALICE) and Incident Response Protocol
- **827:** Perilous Icons of the Cascades: Volcano Hazards in the Pacific Northwest
- **857:** Emergency Response Teams
- **903:** Public Use of AED's and an Introduction to High Performance CPR
- **904:** iPhones/iPads use in Environment, Health, Safety, Security and Emergency Response
- **914:** Fall Protection Rescue Discussion and Demonstration
- 917: Umpqua Community College Active Shooter Event Moving Forward
- **950:** Pre-escalation: Serving Individuals Who are in Distress, Experiencing a Crisis, or Exhibiting Signs of a Mental Illness

EMERGING EHS PROFESSIONAL

- 715: New and Experienced EHS Speed Networking Event
- **750:** The Future Career Landscape for OSH Professionals
- **774:** The Many Options for a Career in Worker Health and Safety
- **807:** Certifications and Professional Associations for Safety and Health Professionals

EMERGING INDUSTRY: CANNABIS

- **712:** Cannabis: Spotlight on a Growing Industry
- **758:** Cannabis, It's Not Just Brownies Anymore: OLCC and Regulation Road
- **780:** Working with Cannabis: Seeing Hazards Through the Haze

ENVIRONMENTAL AND HAZARDOUS WASTE

- **720:** Industrial Wastewater and Stormwater at Your Facility and in Your Community
- **913:** Annual Hazwoper Refresher (8-hour)
- **925:** Reporting, Planning, and Response Considerations for Workplace Hazardous Materials Emergencies

ENVIRONMENTAL AND SOCIAL JUSTICE

- **702:** Toolkits and Resources in Total Worker Health®
- **783:** Occupational Chemical Exposure: A View from an Environmental Justice Perspective
- **813:** Occupational Epidemiology and Health Disparities
- 833: Occupational Health of Human and Animal Workers: Exploring Research Approaches to Worker Safety and Health in Understudied Worker Populations
- **860:** Implicit Bias and the Unsafe Workplace
- **920:** Oregon Labor History in Context: Evolving Work, Evolving Hazards

Session numbers refer to day of the week they occur.

600 topics – Monday, March 6 **700** topics – Tuesday, March 7 **800** topics – Wednesday, March 8 **900** topics – Thursday, March 9

Interest Tracks



ERGONOMICS

- **659:** Ergonomic Principles for Safety Committees
- **719:** Parallels Between the Safety and Lean Journeys
- **786:** Essential Elements in Developing an Ergonomics Program
- **817:** Ergonomics: Practical Solutions for Impractical Problems
- **826:** Advanced Injury Prevention by Combining Ergonomics, Physical Medicine and Wearable Technology
- 834: Optimizing the Supervisor Response to MSDs: The Key to Reducing Costs
- **862:** Understanding Low Back Pain and Reducing the Associated Disability
- 863: Help! My Computer is Killing Me
- **911:** Ergonomic Trends in the Workplace: Separating Fact from Fiction
- **922:** Participatory Ergonomics: The Key to a Successful Ergonomics Program
- 953: Manual Material Handling Risk Assessment Methods: We Know it's Bad, but Just How Bad is it?

FOOD INDUSTRY

- **783:** Occupational Chemical Exposure: A View from an Environmental Justice Perspective
- **831:** Foundation of Trust

Many topics throughout the conference apply to work in the Food Industry.

GENERAL INDUSTRY

- **650:** You've Found the Hazards Now What?
- **654:** Safety Culture Evolution: Case Studies and Panel Discussion
- **656:** Machine Guarding
- **707:** Movement Analysis: An Improved Model for Injury Prevention
- **766:** How to Effectively Analyze and Use Leading Indicators in Safety
- **767:** Safety: Thinking Differently
- **770:** Practical Strategies for Preventing Slips, Trips, and Falls
- **785:** GHS Requirements and the Affect on Your Existing Hazard Communication Program
- **788:** Safety Concerns About Nano-Materials
- **804:** Confined Spaces
- **819:** Preparing for a Fire Inspection
- **830:** Ladder Safety and Innovation
- 836: Northwest Advances in Occupational Health: What's Happening in Research?
- **837:** Control of Hazardous Energy: Program Implementation of Nuances and Challenges
- **864:** Process Safety Versus Occupational Safety: Can You Have One Without the Other?
- **865:** Dock Safety and Pallet Rack Safety
- **869:** Tech Assessment Tools
- **908:** Safe Forklift Operations A User's Guide
- **909:** Accident/Incident Investigation Workshop (8 a.m.-4 p.m.)
- **912:** Occupational Dog Bite Safety/Prevention
- **916:** Boomeranging: Revitalizing an Aging Workforce
- 918: Cool Tools: Making Work Easier and Safer
- 921: Electrical Incident Case Studies
- **925:** Reporting, Planning, and Response Considerations for Workplace Hazardous Materials Emergencies
- **926:** General Overview of Chemistry for Safety and Health Professionals
- **955:** Risk Assessment and Hazard Analysis Techniques

HEALTHCARE

- 703: Reducing Stress and Preventing Burnout Evidence-based Practices that Work
- 714: Creating Sustainable Safe Patient Handling Programs in Health Care: Sharing Lessons Learned from the OAHHS Worker Safety Initiative
- 717: Opioids, Yesterday, Today, and Tomorrow
- **764:** Violence Prevention in Health Care: Sharing Lessons Learned from the OAHHS Worker Safety Initiative
- **765:** From A to Zika: Preparing for an Out-of-Oregon Occupational Exposure
- 782: Address Burnout to Reduce Errors and Injuries
- **816:** Rebel with a Cause: What Rebels Can Teach You About Organizational Culture and Transparency
- **858:** Ergonomics in Healthcare
- **862:** Understanding Low Back Pain and Reducing the Associated Disability
- Partnering with Occupational Health Professionals to Improve the Bottom Line: An Introduction to Health and Productivity Management
- **924:** Shoulder and Knee Problems in the Workplace

INDUSTRIAL HYGIENE

- **657:** Industrial Hygiene for the Non-IH
- **658:** Hearing Conservation: Program Best Practices and Determining Work-Relatedness
- **708:** Breathe a Little Easier Ways to Investigate, Communicate, and Solve Indoor Air Quality Concerns
- 718: Introduction to Environmental, Health, and Safety (EHS) Issues
 Relative to Diisocyanates
- **755:** Silica, with a Side of Beryllium
- **760:** Chemical Safety and Your Chemical Hygiene Program
- 777: Significant/Interesting IH Case Studies from Oregon OSHA and Private Consulting
- **812:** Industrial Hygiene in Construction Emerging Issues
- **820:** Respiratory Protection From Selection to Program Administration
- **828:** Know Your Brew: Diacetyl and 2, 3-pentanedione Exposure in the Coffee and Beer Industries
- **832:** The ABCs of Respirator Fit Testing
- **866:** Combustible Dust Hazards A Basic Overview
- **868:** Respiratory Protection Challenges in General Industry, Construction, and Health Care
- **907:** Welding: Exposures and Controls
- **926:** General Overview of Chemistry for Safety and Health Professionals
- 957: How to Develop, Implement, and Maintian a High-quality Industrial Hygiene Program

MOTOR VEHICLE SAFETY/AUTOS

- **653:** Traffic Incident Management (TIM) Responder Training
- **861:** Driven to Distractions

See Pages 10-50 for program descriptions.

GOSH

Interest Tracks

NEW SAFETY PROGRAM

701: Basics in Starting a Safety Program

Topics in the Safety Committee/Meetings track, and many other tracks, apply to those with new safety programs.

OCCUPATIONAL HEALTH/MEDICINE

- **703:** Reducing Stress and Preventing Burnout Evidence-based Practices that Work
- **717:** Opioids, Yesterday, Today and Tomorrow
- 765: From A to Zika: Preparing for an Out-of-Oregon Occupational Exposure
- **782:** Address Burnout to Reduce Errors and Injuries
- **813:** Occupational Epidemiology and Health Disparities
- 818: Back to Work: An Overview of Common Work-related Back Injuries and the Rehabilitation of the Injured Worker
- **822:** The Forecast From Ground Level: An Injured Worker's Perspective
- **862:** Understanding Low Back Pain and Reducing the Associated Disability
- 905: Partnering with Occupational Health Professionals to Improve the Bottom Line: An Introduction to Health and Productivity Management
- **924:** Shoulder and Knee Problems in the Workplace
- 952: Keep Your Head in the Game The Role of Mindfulness on Safety

REGULATORY/LEGAL ISSUES

- **706:** Recordable, Reportable, or Both?
- **768:** Retaliation and Whistleblower Claims: The Latest (and Not-so-Greatest) Developments
- **776:** Budding Complications: Managing the Workplace in the Age of Recreational Marijuana
- **803:** Regulatory Update
- **825:** Employment Lifecycle: Top 10 Supervisor Mistakes

REGULATORY UPDATE

855: Managing Worker Safety and Workers' Comp in a Joint Employer Relationship

RISK MANAGEMENT

- **710:** Risk Management and EHRS Working Together: Start, Stop, Continue
- **757:** The Role of the Proactive Property Insurance Company in Construction Projects
- 779: The Fundamentals of Self-Insured Loss Prevention Efforts
- **808:** What's in a Number?
- 829: Property Insurance/Earthquake Market Update
- **906:** Enterprise Risk Management ISO 3100
- 955: Risk Assessment and Hazard Analysis Techniques

SAFETY AND HEALTH MANAGEMENT/CULTURE

- **704:** From Frustration to Exhilaration: How One Company Changed Their Safety Culture and Developed an Award-winning, Low-cost Safety Program
- **759:** Building Safety Culture: Integrating Total Worker Health into a High Risk and Sedentary Workplace
- **805:** Creating a Culture of Accountability: People Come First
- 854: Preparing for the Worst: Responding to On-the-Job Fatalities
- 867 Continuous Improvement Safety The Crossroad to Accountability and Employee Engagement
- 952: Keep Your Head in the Game The Role of Mindfulness on Safety
- **956:** Worker-based Safety: It's a Jungle Out There!

SAFETY COMMITTEES/MEETINGS

- **650:** You've Found the Hazards Now What?
- **660:** Constructive Confrontation
- **800:** Safety Committee Basics
- **821:** Hazard Identification for Safety Committees
- **850:** Accident/Incident Investigation
- **915:** Tools for Conscious Leadership: Proven Strategies for Improving Safety Performance

TOTAL WORKER HEALTH AND WELLNESS

- **652:** Unlocking Discretionary Effort: Engagement for Total Worker Health®
- 702: Toolkits and Resources in Total Worker Health®
- **752:** Age in the Workplace: Opportunities for Supporting Workers Across the Lifespan
- 775: Workplace Health and Safety for Employees with Disabilities
- **813:** Occupational Epidemiology and Health Disparities
- **814:** Functional Fitness: Does it Fit in the Workplace?
- **824:** Beyond Carrots and Sticks -Effective Workplace Wellness Engagement Strategies
- **852:** Nodding Off: Managing Fatigue (the Whole Picture)
- 902: Towards a More Meaningful and Relevant Medicine and Healthcare Experience

UTILITIES (POWER, WATER, GAS)

- **705:** Leading Indicators A Tool to Help Find the Pathway to Safety and Operational Excellence
- **754:** Employee Family Emergency Preparedness
- **784:** Serious Employee Injury: Lessons Learned and Key Takeaways
- **809:** Active Shooter (ALICE) and Incident Response Protocol

WORKERS' COMPENSATION/CLAIMS MANAGEMENT

- **716:** Workers' Compensation 101: From Injury to Closure
- **763:** WC101: Employer Coverage Services and Information
- **787:** The Importance of Physical Task Analysis
- **802:** Hurt Heroes: Data Mining Police and Fire Work Comp Claims
- **834:** Optimizing the Supervisor Response to MSDs: The Key to Reducing Costs
- **853:** Getting the Most Out of EAIP

WORKPLACE VIOLENCE PREVENTION/SECURITY

- **809:** Active Shooter (ALICE) and Incident Response Protocol
- **901:** Front Line Defense for Violence in the Workplace
- **917:** Umpqua Community College Active Shooter Event Moving Forward

See Pages 10-50 for program descriptions.