

Interest Tracks

See pages 17-63 for program descriptions

Session numbers refer to day of the week they occur.

300 topics: Monday, March 3 **500 topics:** Wednesday, March 5

400 topics: Tuesday, March 4 **600 topics:** Thursday, March 6

Sessions are organized into interest tracks to make it easy to find the topics that interest you most. You can pick and choose from sessions in multiple tracks or use the recommended learning paths to focus on specific areas.

Agriculture/Pesticides/Cannabis

- 350:** A Common Assassin – Disinfectants
- 363:** Lurking in the Dark: Highlighting Common Chemical Products and Their Hazards
- 401:** Worker Protection Standard in Oregon
- 450:** Cannabis Processing: Oregon OSHA Experience and Case Studies
- 469:** Pesticide Case Findings 2023 – An ODA/OHA/Oregon OSHA Summary Perspective
- 521:** Seed to Smoke – Hazards Associated With Cannabis Grow and Processing Operations
- 557:** Cultural Competence in Our Hispanic/Latino/a/x Ag Workforce: A Culturally Responsive Approach in Occupational Safety
- 601:** Old McDonald Had a Farm, E-I-E-I-O ... Guess What He Had on This Farm? Health Hazards
- 615:** Climate Change and Its Impact on Pests and Pesticides

Communication/Training

- 351:** Cultivating Safety Leadership at Every Level (1-4:30 p.m.)
- 512:** How To Create Sure-Fire Training Demonstrations
- 611:** Shazzam! How to Train Like a Superhero
- 616:** Engaging the Workforce Through Interactive Learning
- 656:** The Power of Questions (1-4 p.m.)

Construction

- 361:** Energy-Based Safety Program
- 362:** The Expanding Role of the Construction Safety Professional – What Are We Missing?
- 369:** Navigating Towards an Injury-Free Day: A Human-centered Approach Leveraging Emerging Technology
- 370:** The Respectful Workplace Initiative: Cultivating Civility and Psychological Safety in the Construction Industry
- 411:** From Awareness to Action: High-Angle Rescue in Construction
- 414:** Fleet Safety and Minimizing Your Risk Exposure
- 415:** Excavation Safety: Emergency Preparedness
- 453:** Developing and Validating a Respectful Workplace Climate Scale With Construction Workers as Exemplar: A Total Worker Health Approach
- 460:** The Energy Wheel and How to Roll It Out at Your Organization
- 461:** Care for Construction: Building Resilience Through Peer and Ally Support
- 470:** Top 10 Oregon OSHA General Industry and Construction Citations and Oregon OSHA's New Penalty Structure
- 471:** Managing Asbestos and Lead Hazards on Construction Projects and in the Construction Workplace
- 479:** Address the Stress: Mental Health for You and Your Teams

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- 480:** Stop the "STCKY" – Stuff That Can Kill You (*on a Construction Site*)
- 501:** Constructive Alcohol and Substance Misuse Prevention Strategies: Tools for Building Better Conversations
- 514:** Prevention Through Design (*PtD*) in Construction: Application and Impact
- 515:** 'Newer,' SIF-Focused Safety Models in the Electric Utility Industry
- 520:** How to Increase Safety Awareness and Recognition Using the Energy Wheel Tool On a Pre-Task Plan
- 532:** Excavation Best Practices and Dig Safe Training
- 533:** What To Expect During an Oregon OSHA Inspection for Construction and the Important Role of Consultation Preparation
- 537:** Silica in General Industry and Construction: Hazards, Exposures, Controls
- 558:** High Energy Hazards and Controls
- 559:** Five S's to Excavation Safety
- 612:** Fall Protection Awareness Training
- 620:** Preventing Serious Injuries and Fatalities in Construction
- 655:** Fall Prevention

Emergency Response and Preparedness

- 355:** Utility Battery Energy Storage System Emergency Response
- 403:** Fire Inspections, Evacuation Planning, and Wildfire Preparedness
- 415:** Excavation Safety: Emergency Preparedness
- 451:** Emergency Spill Response Plans
- 465:** Beyond the Code
- 507:** The Role of Volunteer Disaster Responders

Environmental and Hazardous Waste

- 352:** RCRA Hazardous Waste Basics (*1-4:30 p.m.*)
- 402:** Environmental Basics for Health and Safety Managers (*repeat on Wednesday at 2:15 p.m.*)
- 451:** Emergency Spill Response Plans

- 471:** Managing Asbestos and Lead Hazards on Construction Projects and in the Construction Workplace
- 502:** Climate Change – Building Resiliency and Protecting Worker Health and Safety
- 522:** Oregon DEQ: Overview of Air Quality Permitting and Resources
- 567:** Environmental Basics for Health and Safety Managers (*repeat from Tuesday at 10:30 a.m.*)
- 603:** HAZWOPER Eight-Hour Refresher Course (*7:30 a.m.-4:30 p.m.*)

Ergonomics

- 418:** Ergonomics Rulemaking in Washington State
- 462:** Realizing Potential: Drivers of Occupational Exoskeleton Adoption and ROI
- 481:** New Ergonomic Trends in Office Ergonomics
- 534:** MSD Solutions Index: A Benchmarking Tool for Prevention of Musculoskeletal Disorders (*MSDs*)
- 560:** Inclusive Workplace Design Principles: What Safety Professionals Need to Know
- 658:** Ergonomic Risk Assessment Methods: How Do We Know How Bad It Is and What to Do First?

General Industry

- 353:** Respiratory Protection: Avoiding Pitfalls in the Program
- 366:** The Value of Voluntary Compliance: What Challenge, SHARP, or VPP Can Do for Your Company
- 368:** Occupational, Environmental Health, and Safety in Data Centers
- 403:** Fire Inspections, Evacuation Planning, and Wildfire Preparedness
- 404:** Hazard Communication – CHEMICALS!
- 419:** What's Appening!
- 452:** Electrical Safety for the Non-Electrician
- 459:** Confined Spaces: What You Need to Know

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- 470:** Top 10 Oregon OSHA General Industry and Construction Citations and Oregon OSHA's New Penalty Structure
- 472:** Regulations and Best Practices for Heat Illness Prevention
- 477:** Controlling Hazardous Energy – The Basics
- 486:** Ethics for the Health and Safety Professional *(repeat on Wednesday at 8:30 a.m.)*
- 503:** Work-at-Height Fundamentals: A Practical Approach to Fostering Compliance in Fall Protection
- 513:** Practical Strategies for Preventing Same-level Slips, Trips, and Falls
- 518:** Ethics for the Health and Safety Professional *(repeat from Tuesday at 3 p.m.)*
- 524:** Common Safeguarding Practices: Controlling Machinery Related Hazards
- 525:** Cool Tools: Capitalizing on Safety and Efficiency
- 537:** Silica in General Industry and Construction: Hazards, Exposures, Controls
- 555:** IH and Safety Challenges in Waste Management Industry
- 561:** What To Expect During an Oregon OSHA Inspection for General Industry and the Important Role of Consultation Preparation
- 564:** Effective Hazard Identification and Walkthrough Techniques
- 602:** PPE in General Industry – PPE Assessments
- 604:** Safe Forklift Operations *(8:30 a.m.-3 p.m.)*
- 617:** The SHARP Alliance: Adventures in Networking and Mentoring
- 653:** Advanced Techniques in Electrical Incident Investigation for General Industry

Healthcare

- 463:** Healthcare Design to Improve Employee Safety Against Workplace Violence
- 482:** Mastering Safety and Health for Home Care Workers
- 509:** Bloodborne Pathogen Management in Healthcare Settings
- 519:** Accidental Fentanyl Overdose to Healthcare Provider in the ER: Lessons Learned
- 539:** Stop the Silos! Using Systems Thinking to Improve Health Care Worker and Patient Safety
- 613:** Identifying and Tracking Patients at Risk for Violence
- 623:** Preventing Workplace Violence in Healthcare – What's Safe Patient Handling Got to Do With It?
- 659:** Healthcare Ergonomics: Common Issues and Solutions

Industrial Hygiene

- 359:** Industrial Hygiene for the Non-IH *(1-4:30 p.m.)*
- 416:** Assessing Fentanyl and Methamphetamine in the Air and on Surfaces of Pacific Northwest Transit Operations
- 417:** What Is Audible Sound and Why Should It Be Important to You?
- 466:** Hearing Protection Fit Testing Implementation Journey – Year Two
- 467:** Industrial Hygiene for VPP Candidate Companies
- 484:** Silica and the New MSHA Rule
- 485:** Things You Should Be – But Probably Aren't! – Considering in Your Hearing-Loss Prevention Program
- 516:** Noise Control Demystified

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- 517:** Gas Monitors: Basics and Beyond!
- 523:** Responding to Suspected Drug Use in Multnomah County Libraries
- 535:** Lab Safety: Developing and Implementing a Chemical Hygiene Plan
- 536:** Environmental Noise Controls
- 537:** Silica in General Industry and Construction: Hazards, Exposures, Controls
- 555:** IH and Safety Challenges in Waste Management Industry
- 565:** Welding Hazards, Exposures, and Controls
- 566:** Hands-on Equipment for the Non-IH
- 568:** Got Respirators? And More!
- 610:** "Quartz" Engineered Stone: An Emerging Silica Hazard
- 624:** Safety Data Sheets: The Good, the Bad, and the Ugly

Motor Vehicle Safety/Transportation/Fleet Safety

- 405:** Transportation Research at Oregon State University
- 414:** Fleet Safety and Minimizing Your Risk Exposure
- 468:** The Prescription to Lowering Your Driver Risk
- 504:** Light Fleet Electrification: Safety Considerations for Vehicles and Charging Infrastructure
- 540:** Fleet Safety: Breaking Seven Commonly Held Concepts

Occupational Health/Medicine

- 354:** Occupational Hazards: Vicarious Trauma, Compassion Fatigue, and Burnout
- 410:** Managing Bloodborne Pathogen (BBP) Exposures
- 464:** Workplace Naloxone – A Life-Saving Tool
- 483:** Drugs of Abuse
- 538:** Preventing Tomorrow's Injuries Today

Organizational Development/Culture/Safety and Health Management/Leadership

- 367:** Building, Implementing, and Maintaining Your Organization's Accident Prevention Program
- 407:** To Err Is Biological: Game-Changing Error Management Techniques Used by Continuously Improving Organizations
- 413:** New Hire Leadership
- 453:** Developing and Validating a Respectful Workplace Climate Scale With Construction Workers as Exemplar: A Total Worker Health Approach
- 454:** Influence in Action
- 478:** Culture Catalysts: Six Safety Success Factors for Supervisors (*repeat on Wednesday at 8:30 a.m.*)
- 511:** Culture Catalysts: Six Safety Success Factors for Supervisors (*repeat from Tuesday at 3 p.m.*)
- 531:** Safety Always – Implementing a Global Safety Program
- 550:** Practical Root Cause Analysis and Organizational Learning
- 556:** Strong Enough to Care
- 608:** Leading Through Change – How To Better Adapt to Change at Work and at Home
- 614:** Practical Strategies for Enhancing Your Safety Culture (*8:30 a.m.-3 p.m.*)

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Regulatory/Legal Issues

- 364:** Beat the Heat: Understanding the Heat Illness Prevention Rules and Best Practices
- 406:** Employment Law Update
- 418:** Ergonomics Rulemaking in Washington State
- 455:** Regulatory Agencies Update
- 470:** Top 10 Oregon OSHA General Industry and Construction Citations and Oregon OSHA's New Penalty Structure
- 476:** Workers' Compensation Division Regulatory Update
- 505:** Oregon OSHA Regulatory Update
- 551:** Recordable, Reportable, or Both?
- 618:** The Safety Frontier: Oregon OSHA's Vision for Tomorrow's Workplaces

Risk Management

- 407:** To Err Is Biological: Game-Changing Error Management Techniques Used by Continuously Improving Organizations
- 456:** What's the Real Problem? Are We Managing Safety or Managing Safely?
- 473:** Wildfire in Our Communities: Recognizing, Quantifying, and Mitigating Exposures
- 487:** The Undeniable Appeal of Risk
- 510:** Working Safely with the Houseless Population: All Public Agencies Work Together
- 526:** Documenting Workers' Compensation and Liability Claims
- 552:** Pre-/De-Escalation: Improving Distressing Interactions
- 569:** Using Risk to Set Priorities and Drive Change
- 605:** Fires, Floods, and Earthquakes, Oh, My! Protecting Your Building from Disasters
- 621:** Comparing Risk Management to Enterprise Risk Management

Safety Committees/Meetings

- 356:** Incident Investigations (*repeat session on Tuesday at 10:30 a.m.*)
- 365:** I'm on the Safety Committee, Now What?
- 408:** Incident Investigations (*repeat session from Monday at 1 p.m.*)
- 457:** The Importance of Hazard Identification and Effectively Communicating What We See
- 474:** Energize Your Safety Committee: Zap It With Creativity
- 506:** Tools and Techniques for Conducting an Effective Accident Investigation
- 527:** A Vision for Operational Excellence That Starts With Safety
- 553:** Safety Committees: To Compliance and Beyond!
- 607:** Energizing Your Safety Committees by Doing Safety Differently
- 619:** Selling Safety to Management
- 650:** I See Hurt People: The Sixth Sense of Hazard Awareness and Mitigation

Total Worker Health and Wellness

- 357:** Discussing our Culture: The Intersection Between Physical and Psychological Safety Train the Trainer (*1-4:30 p.m.*)
- 409:** Organizational Approaches to Promoting and Supporting Workplace Mental Health
- 453:** Developing and Validating a Respectful Workplace Climate Scale With Construction Workers as Exemplar: A Total Worker Health Approach
- 458:** Up on the High Wire – Mental Resilience During Tough Times
- 475:** Why We Sleep and the Consequences of When We Don't!

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- 501:** Constructive Alcohol and Substance Misuse Prevention Strategies: Tools for Building Better Conversations
- 528:** Menopause: Let's Talk About It
- 554:** Recipe for Success: Integrating Well-Being and Safety Within Your Workplace
- 609:** Total Worker Health® 101: The Basics (8:30 a.m.-noon)
- 651:** Total Worker Health®: Workplace Solutions
- 657:** Question, Persuade, Refer (QPR) Gatekeeper Training
- 660:** Introduction to Peer Support: How to Build Your Team

Utilities

- 355:** Utility Battery Energy Storage System Emergency Response
- 412:** Working Alone Hazards Unique to Support Groups
- 515:** 'Newer,' SIF-Focused Safety Models in the Electric Utility Industry
- 530:** Gas Utility Emergency Response During a Significant Snow and Ice Event: Lessons Learned to Further Reduce Employee Risks
- 606:** Working Safely Near Utilities

Workers' Compensation/Claims Management

- 358:** Oregon Employer-at-Injury Program – Maximizing Your Workers' Compensation Claim Saving Through Return-to-Work
- 476:** Workers' Compensation Division Regulatory Update
- 508:** Claim Obligations for Employers and Providers
- 526:** Documenting Workers' Compensation and Liability Claims
- 529:** Preferred Worker Panel with the Employer, Worker, and Insurer
- 563:** Three Ways to Reduce Employee Injury Costs
- 652:** Workers' Compensation 101: From Injury to Closure

Workplace Violence Prevention

- 360:** Workplace Violence Prevention (1-4 p.m.; repeat on Thursday at 1 p.m.)
- 562:** Oregon OSHA's Perspective on Workplace Violence: Case Studies and Control Measures
- 654:** Workplace Violence Prevention (1-4 p.m.; repeat from Monday at 1 p.m.)