

# Schedule-at-a-Glance

## Monday, March 6

12:15 p.m. Registration desk opens

1-4 p.m.

- 601: Training the Next Generation of Safety Leaders
- 602: Industrial Hygiene for the Non-IH
- 603: Effective Safety Training
- 604: Using Simple Analysis Tools and Employee Involvement to Boost Your Ergonomics Program
- 605: Preparing for Your DOT Safety Audit
- 606: Question, Persuade, Refer (QPR) Gatekeeper Training (repeat on Thursday at 1 p.m.)
- 607: Construction Silica Competent Person Course (1- 5 p.m.)
- 608: Rigging: Do's and Don'ts – Roles and Responsibilities
- 609: Stop the Bleed
- 610: Lessons Learned From the COVID-19 Pandemic To Keep Workers Safe and Businesses Open
- 611: Managing Hazardous Waste – RCRA Basics
- 612: Competent Person Training – Excavation Safety

## Tuesday, March 7

7 a.m. Registration opens

8:30-9:45 a.m.

700: Opening and Keynote: The Pursuit of a New Normal

9:45-10:30 a.m. Break and Visit Exhibits

10:30-11:45 a.m.

- 701: Managing Change: Tools To Make Enterprise Risk Management (ERM) a Reality
- 702: The Ergonomics Solutions Phase: How to Effectively Solve Musculoskeletal Disorder Problems
- 703: Cascadia Science Update and Community Readiness
- 704: Accident Investigations
- 705: PPE and PPE Assessments in General Industry
- 706: Recordable, Reportable, or Both?
- 707: Joint Utility Panel
- 708: Safety and Health of the Traveling Employee
- 709: Lead Awareness and Other Health Hazards in Construction

- 710: Safety Training Tactics: What Works, What Doesn't, and How To Create Effective Training That Sticks
- 711: Becoming Trauma Informed in the Workplace
- 712: Disinfection Hazards: Focus on Peracetic Acid and Hydrogen Peroxide
- 713: Indoor Environmental Quality and Your Health
- 714: Manganese Rule Update
- 715: Environmental Basics for Health and Safety Managers
- 716: The Cannabis Boom – Cannabis Processing, Fires, and Explosions Oh My!
- 717: Mental Wellness, Well-being, and Suicide Prevention
- 718: Taking Violence Out Of The Workplace: Reaction and Prevention
- 719: To Be, or Not To Be, That Is the Question: Independent Contractor or Employee?
- 720: Dealing with Media in the Face of a Crisis

1:15-2:30 p.m. Lunch (included with Tuesday registration fee)

1:15-2:30 p.m.

- 750: Safety for Supervisors
- 751: Basic Ergonomic Fundamentals: Learning How To Do Evaluations in Person and Virtual
- 752: How ShakeAlert® Will Save Lives Before Cascadia Strikes
- 753: The Importance of Hazard Identification and Effectively Communicating What We See (repeat on Wednesday at 8:30 a.m.)
- 754: Hazard Communication
- 755: Electrical Safety for the Non-electrician
- 756: Suicide Prevention Awareness in the Construction Industry
- 757: Common Pitfalls and Emerging Workers' Compensation Trends for Oregon Employers
- 758: Scaffold Hazard Awareness
- 759: CAHOOTS Crisis Intervention – Basic Training: De-escalation Practices
- 760: Employment Law Update
- 761: Electromagnetic Fields in the Electric Utility Industry
- 762: Water Risk Management and the Use of DNA-based Testing for Monitoring of Legionella

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- 763:** Oregon OSHA's New Manganese PEL: Pros and Cons of the Safe Harbor Table Concept for Manganese and Silica
- 764:** Introduction to Audible Sound
- 765:** A Common Assassin: Disinfectants
- 766:** Professional Certifications for the Safety, Health, and Environmental Professionals
- 767:** Health Care Workplace Violence Prevention

## 2:30-3 p.m. Break and Visit Exhibits

3-4:30 p.m.

- 770:** Intentional Safety Leadership: Moving from Minimum Compliance to Safety Excellence
- 771:** Human Error and Accident Causation
- 772:** The Importance of Volunteer Disaster Responders
- 773:** Safety Committee Bootcamp
- 774:** Oregon's Return to Work Programs: Not Too Good To Be True
- 775:** Confined Space and Industrial Rescue: How Much and How?
- 776:** Diversity Equity and Inclusion in Construction
- 777:** Work-related Injuries of the Upper Extremity
- 778:** Heat Stress: Layering and High Performance FR
- 779:** Resiliency Against Flooding in a Changing Climate
- 780:** Shazzam! Make Presentations Like a Superhero
- 781:** Let Me Introduce You to Process Safety: It Will Blow Your Mind
- 782:** The Unified Combustible Dust Standard and Dust Hazards Analysis
- 783:** Reducing Stress and Preventing Burnout
- 784:** Ventilation: How to Use Air To Effectively Control Hazards
- 785:** Pesticide Case Findings: An OHA and Oregon OSHA Perspective
- 786:** Why We Sleep and the Consequences of When We Don't
- 787:** CAHOOTS Crisis Intervention – Advanced Training: Communicating Through Greater Complications
- 788:** Positive Jobsite Culture (PJC) Training

## Wednesday, March 8

7 a.m. Registration opens

7:30 a.m. Columbia Forklift Challenge Driver Check-in

8:30-9:45 a.m.

- 801:** Fire Behavior and the Wildland Urban/Rural Interface – Concerns for Residents
- 802:** The Importance of Hazard Identification and Effectively Communicating What We See (repeat from Tuesday at 1:15 p.m.)
- 803:** Ladder Safety
- 804:** Program Safety Management (PSM) in Action
- 805:** Lockout/Tagout Basics
- 806:** Migraine Headache – Is Work a Trigger?
- 807:** Regulatory Agencies Update (OSHA, WCD, BOLI)
- 808:** Planning for Resilience: Wildland Fire in the Pacific Northwest
- 809:** Marijuana and the Construction Industry: An Update
- 810:** The Hazard Risk Assessment Process: Prioritize for Measurable Risk Reduction
- 811:** Tracking Your Way Toward a Stronger Safety Culture
- 812:** Lab Safety: Developing and Implementing a Chemical Hygiene Plan
- 813:** Going Beyond Compliance: Protecting Employees From Wildfire Smoke Contaminants
- 814:** Hearing Loss: Not Just Noise
- 815:** Mental Well-being and Suicide Prevention Awareness
- 816:** Workplace Violence Prevention – Case Studies
- 817:** Key Benefits of Case Management for the Employer and the Injured Worker
- 818:** Air Basics for the EHS Professional
- \*\*\* 819:** Identificación de Peligros y Controles (para supervisor)
- \*\*\* 820:** Total Worker Health y el Lider

9:45-10:30 a.m. Break and Visit Exhibits

\*\*\* En español

# Schedule-at-a-Glance

## 10:30-11:45 a.m.

- 825:** Driving Safety Through Your Organization's Culture
- 826:** Ergonomics in the Evolving Office Environment
- 827:** Climate Change Impacts to Work: Experiences, Perspectives, and New Rules Relating to Wildfire Smoke and Heat Illness
- 828:** New Hire Safety Leadership
- 829:** Oregon OSHA Accident Case Studies
- 830:** Tools and Techniques for Conducting an Effective Accident Investigation
- 831:** Preventing Tomorrow's Injuries Today
- 832:** Engaging the Workforce Through Interactive Learning
- 833:** Construction Claims: What to Expect from Start to Finish
- 834:** Leadership Drives Safety Culture
- 835:** Injury and Illness Prevention in Construction through Safety Committees and Meetings
- 836:** Workers' Compensation Division Regulatory Update
- 837:** Got Respirators?
- 838:** Hearing Loss Prevention: Programs and Controls
- 839:** Safety Supportive Supervisor Training To Reduce Psychosocial Stressors at Work
- 840:** Crime Prevention Through Environmental Design (CPTED): The Basics
- 841:** PFAS and the Future Workplace
- \*\*\* 842:** Gestión de la Seguridad del Sitio (para supervisor)
- \*\*\* 843:** Fundamentos de Protección a Caídas
- 844:** Health Care Ergonomics: Common Issues and Solutions

**11:45 a.m.-1:15 p.m. Awards Ceremony and Luncheon (included with Wednesday registration fee)**

**1:15-2:15 p.m. Designated Exhibit Time**

## 2:15-4:30 p.m.

- 850:** The Past, Present, and Future of Occupational Exoskeletons
- 851:** Controlling Hazardous Energy – Getting Through the Weeds
- 852:** Beyond the Seismic Code
- 853:** Safety Committees – Fizzle Factor to Fresh Thinking
- 854:** Basics of Navigating Roads Safely
- 855:** QPR: Question, Persuade, Refer
- 856:** No One Size Fits All – Implementing TWH
- 857:** First Aid Training Program – Overview, Planning, and Implementation
- 858:** Fire and Life Safety Inspections: How To be Ready
- 859:** Back to the Future: Insights to Combat Conditions Caused by COVID-19
- 860:** Taking Fall Protection to a Higher Level
- 861:** Disaster Safety 101
- 862:** Hands-on Equipment for the Non-Industrial Hygienist
- 863:** Workers' Comp 101: From Injury to Closure
- 864:** Respiratory Protection: Fit Testing in the New Normal of COVID-19, Wildfire Smoke, and More
- 865:** But Is It Working? Hearing Protection Fit Testing Case Study
- 866:** Personal Safety 101
- 867:** Oregon OSHA Regulatory Update
- \*\*\* 868:** Cómo Capacitar/Entrenar Empleados (para supervisor)
- \*\*\* 869:** Fundamentos y Mejores Prácticas de un Comité de Seguridad

**\*\*\* En español**

# Schedule-at-a-Glance

## Thursday, March 9

### 7 a.m. Registration opens

#### 8:30-9:45 a.m.

- 901:** Emergency Preparedness at Work, at Home, and at Play
- 902:** Safety and Occupational Health Superpowers During the COVID-19 Pandemic
- 903:** Practical Strategies for Preventing Slips, Trips, and Falls
- 904:** Dealing With a Carcinogen: Welding Fume Exposures and Controls (8:30 a.m.-3:30 p.m.)
- 905:** Discussing Our Culture: The Intersection Between Physical and Psychological Safety
- 906:** Energize Your Safety Committee: Zap It with Creativity
- 907:** Hearing Loss: The Injury You're Not Likely To Hear About
- 908:** Ergonomics Is Not Just for the Desk Athlete (Desk-lete), but for the Construction Environment Too
- 909:** The Power of Questions (repeated at 1 p.m.)
- 910:** Safe Forklift Operations (8:30 a.m.-3:30 p.m.)
- 911:** Safety Innovations
- 912:** HAZWOPER Refresher Training (8:30 a.m.-3:30 p.m.)
- 913:** Total Worker Health 101 (8:30 a.m.-noon)
- 914:** Oregon OSHA's Fall Protection Options for General Industry (8:30 a.m.-noon)

### 9:45-10:45 a.m. Break and Visit Exhibits

#### 10:45 a.m.-noon

### Continued from 8:30 a.m. - 904, 910, 912, 913, 914

- 920:** Firewise: Home Protection Against Wildfire
- 921:** Principles and Practices of Error Reduction Tools
- 922:** You Think You're Good at Identifying Hazards? ... Let's Play!

- 923:** Emerging Safety Technologies: The Future of Injury Prevention is Here
- 924:** What To Expect During an Oregon OSHA Inspection
- 925:** Rehabilitation of Common Knee and Back Injuries
- 926:** Athletes of the Construction Industry
- 927:** Handling Change in Your Business - Learning How To Help Your Team Better Adapt To Change
- 928:** Understanding Workplace Risks and Hazards and the Art of Treating Minor Workplace Injuries

### Noon-1 p.m. Lunch (included with Thursday registration fee)

#### 1-3:30 p.m.

### Continued from 8:30 a.m. - 904, 910, 912

- 950:** Supporting Learning With the Mind in Mind
- 951:** Violence in the Workplace: Prepare, Respond, Recover
- 952:** Question, Persuade, Refer (QPR) Gatekeeper Training (repeat from Monday at 1 p.m.)
- 953:** Eye-opening Considerations for CDL Drivers
- 954:** Emotional First Aid - What To Do and How To Help With Grief and Loss in the Workplace
- 955:** Simplified Industrial Rescue
- 956:** Machine Guarding: Hazards, Guards, Devices, Location, and Work Practices
- 957:** The Power of Questions (Repeat from 8:30 a.m.)
- 958:** Continuity of Operations: Theory and Practice
- 959:** Total Worker Health: Workplace Solutions
- 960:** Basics in Starting a Safety Program

## Why you should attend GOSH ...

*Relevant, affordable learning* • *Discover best practices to implement*

*Encounter new vendors and suppliers* • *Reconnect and share ideas with your peers*