

Session numbers refer to day of the week they occur.

600 topics: Monday, March 6 **800 topics:** Wednesday, March 8

700 topics: Tuesday, March 7 **900 topics:** Thursday, March 9

Sessions are organized into interest tracks to make it easy to find the topics that interest you most. You can pick and choose from sessions in multiple tracks or use the recommended learning paths to focus on specific areas.

Agriculture/Pesticides/Cannabis

- 716:** The Cannabis Boom – Cannabis Processing, Fires, and Explosions Oh My!
- 765:** A Common Assassin: Disinfectants
- 785:** Pesticide Case Findings: An OHA and Oregon OSHA Perspective

Communication/Training

- 603:** Effective Safety Training
- 710:** Safety Training Tactics: What Works, What Doesn't, and How To Create Effective Training That Sticks
- 780:** Shazzam! Make Presentations Like a Superhero
- 832:** Engaging the Workforce Through Interactive Learning
- 909:** The Power of Questions
- 957:** The Power of Questions

Construction

- 607:** Construction Silica Competent Person Course
- 608:** Rigging: Do's and Don'ts – Roles and Responsibilities
- 612:** Competent Person Training – Excavation Safety
- 707:** Joint Utility Panel
- 709:** Lead Awareness and Other Health Hazards in Construction
- 720:** Dealing with Media in the Face of a Crisis
- 755:** Electrical Safety for the Non-electrician
- 756:** Suicide Prevention Awareness in the Construction Industry
- 758:** Scaffold Hazard Awareness
- 776:** Diversity Equity and Inclusion in Construction
- 778:** Heat Stress: Layering and High Performance FR

- 805:** Lockout/Tagout Basics
- 809:** Marijuana and the Construction Industry: An Update
- 833:** Construction Claims: What to Expect from Start to Finish
- 835:** Injury and Illness Prevention in Construction through Safety Committees and Meetings
- 860:** Taking Fall Protection to a Higher Level
- 908:** Ergonomics Is Not Just for the Desk Athlete (Desk-lete), but for the Construction Environment Too
- 911:** Safety Innovations
- 924:** What To Expect During an Oregon OSHA Inspection
- 926:** Athletes of the Construction Industry
- 955:** Simplified Industrial Rescue

Construcción en español

- 819:** Identificación de Peligros y Controles (para supervisor)
- 820:** Total Worker Health y el lider
- 842:** Gestión de la Seguridad del Sitio (para supervisor)
- 843:** Fundamentos de Protección a Caídas
- 868:** Cómo capacitar/entrenar empleados (para supervisor)
- 869:** Fundamentos y Mejores Prácticas de un Comité de Seguridad

Emergency Preparedness and Response

- 609:** Stop the Bleed
- 703:** Cascadia Science Update and Community Readiness
- 752:** How ShakeAlert® Will Save Lives Before Cascadia Strikes
- 772:** The Importance of Volunteer Disaster Responders

Interest Tracks

See pages 14-48 for program descriptions

Emergency Preparedness and Response

- 801:** Fire Behavior and the Wildland Urban/Rural Interface – Concerns for Residents
- 827:** Climate Change Impacts to Work: Experiences, Perspectives, and New Rules Relating to Wildfire Smoke and Heat Illness
- 852:** Beyond the Seismic Code
- 861:** Disaster Safety 101
- 901:** Emergency Preparedness at Work, at Home, and at Play
- 920:** Firewise: Home Protection Against Wildfire
- 958:** Continuity of Operations: Theory and Practice

Environmental and Hazardous Waste

- 611:** Managing Hazardous Waste – RCRA Basics
- 715:** Environmental Basics for Health and Safety Managers
- 818:** Air Basics for the EHS Professional
- 841:** PFAS and the Future Workplace
- 912:** HAZWOPER Refresher Training

Ergonomics

- 604:** Using Simple Analysis Tools and Employee Involvement to Boost Your Ergonomics Program
- 702:** The Ergonomics Solutions Phase: How to Effectively Solve Musculoskeletal Disorder Problems
- 751:** Basic Ergonomic Fundamentals: Learning How To Do Evaluations in Person and Virtual
- 771:** Human Error and Accident Causation
- 826:** Ergonomics in the Evolving Office Environment
- 850:** The Past, Present, and Future of Occupational Exoskeletons
- 908:** Ergonomics Is Not Just for the Desk Athlete (Desk-lete), but for the Construction Environment Too

General Industry

- 705:** PPE and PPE Assessments in General Industry
- 754:** Hazard Communication
- 755:** Electrical Safety for the Non-electrician
- 766:** Professional Certifications for the Safety, Health, and Environmental Professionals
- 775:** Confined Space and Industrial Rescue: How Much and How?

- 803:** Ladder Safety
- 851:** Controlling Hazardous Energy – Getting Through the Weeds
- 857:** First Aid Training Program – Overview, Planning, and Implementation
- 858:** Fire and Life Safety Inspections: How To be Ready
- 903:** Practical Strategies for Preventing Slips, Trips, and Falls
- 910:** Safe Forklift Operations
- 914:** Oregon OSHA's Fall Protection Options for General Industry
- 955:** Simplified Industrial Rescue
- 956:** Machine Guarding: Hazards, Guards, Devices, Location, and Work Practices

Healthcare

- 610:** Lessons Learned From the COVID-19 Pandemic To Keep Workers Safe and Businesses Open
- 708:** Safety and Health of the Traveling Employee
- 767:** Health Care Workplace Violence Prevention
- 777:** Work-related Injuries of the Upper Extremity
- 806:** Migraine Headache – Is Work a Trigger?
- 844:** Health Care Ergonomics: Common Issues and Solutions
- 928:** Understanding Workplace Risks and Hazards and the Art of Treating Minor Workplace Injuries

Industrial Hygiene

- 602:** Industrial Hygiene for the Non-IH
- 712:** Disinfection Hazards: Focus on Peracetic Acid and Hydrogen Peroxide
- 713:** Indoor Environmental Quality and Your Health
- 714:** Manganese Rule Update
- 762:** Water Risk Management and the Use of DNA-based Testing for Monitoring of Legionella
- 763:** Oregon OSHA's New Manganese PEL: Pros and Cons of the Safe Harbor Table Concept for Manganese and Silica
- 764:** Introduction to Audible Sound
- 781:** Let Me Introduce You to Process Safety: It Will Blow Your Mind
- 782:** The Unified Combustible Dust Standard and Dust Hazards Analysis

Interest Tracks

See pages 14-48 for program descriptions

Industrial Hygiene

- 784:** Ventilation: How to Use Air To Effectively Control Hazards
- 804:** Program Safety Management (PSM) in Action
- 812:** Lab Safety: Developing and Implementing a Chemical Hygiene Plan
- 814:** Hearing Loss: Not Just Noise
- 837:** Got Respirators?
- 838:** Hearing Loss Prevention: Programs and Controls
- 862:** Hands-on Equipment for the Non-Industrial Hygienist
- 864:** Respiratory Protection: Fit Testing in the New Normal of COVID-19, Wildfire Smoke, and More
- 865:** But Is It Working? Hearing Protection Fit Testing Case Study
- 904:** Dealing With a Carcinogen: Welding Fume Exposures and Controls

Motor Vehicle Safety

- 605:** Preparing for Your DOT Safety Audit
- 854:** Basics of Navigating Roads Safely
- 953:** Eye-opening Considerations for CDL Drivers

Occupational Health/Medicine

- 610:** Lessons Learned From the COVID-19 Pandemic To Keep Workers Safe and Businesses Open
- 708:** Safety and Health of the Traveling Employee
- 711:** Becoming Trauma Informed in the Workplace
- 767:** Health Care Workplace Violence Prevention
- 777:** Work-related Injuries of the Upper Extremity
- 783:** Reducing Stress and Preventing Burnout
- 806:** Migraine Headache – Is Work a Trigger?
- 817:** Key Benefits of Case Management for the Employer and the Injured Worker
- 831:** Preventing Tomorrow's Injuries Today
- 844:** Health Care Ergonomics: Common Issues and Solutions
- 859:** Back to the Future: Insights to Combat Conditions Caused by COVID-19

- 902:** Safety and Occupational Health Superpowers During the COVID-19 Pandemic
- 907:** Hearing Loss: The Injury You're Not Likely To Hear About
- 925:** Rehabilitation of Common Knee and Back Injuries
- 928:** Understanding Workplace Risks and Hazards and the Art of Treating Minor Workplace Injuries
- 954:** Emotional First Aid – What To Do and How To Help With Grief and Loss in the Workplace

Organizational Development/Culture

- 766:** Professional Certifications for the Safety, Health, and Environmental Professionals
- 788:** Positive Jobsite Culture (PJC) Training
- 811:** Tracking Your Way Toward a Stronger Safety Culture
- 834:** Leadership Drives Safety Culture
- 905:** Discussing Our Culture: The Intersection Between Physical and Psychological Safety
- 923:** Emerging Safety Technologies: The Future of Injury Prevention is Here

Regulatory/Legal Issues

- 706:** Recordable, Reportable, or Both?
- 714:** Manganese Rule Update
- 760:** Employment Law Update
- 807:** Regulatory Agencies Update (OSHA, WCD, BOLI)
- 829:** Oregon OSHA Accident Case Studies
- 867:** Oregon OSHA Regulatory Update

Risk Management

- 603:** Effective Safety Training
- 701:** Managing Change: Tools To Make Enterprise Risk Management (ERM) a Reality
- 779:** Resiliency Against Flooding in a Changing Climate
- 808:** Planning for Resilience: Wildland Fire in the Pacific Northwest
- 825:** Driving Safety Through Your Organization's Culture
- 861:** Disaster Safety 101
- 921:** Principles and Practices of Error Reduction Tools
- 950:** Supporting Learning With the Mind in Mind

Safety Committees

- 704:** Accident Investigations
- 753:** The Importance of Hazard Identification and Effectively Communicating What We See
- 773:** Safety Committee Bootcamp
- 802:** The Importance of Hazard Identification and Effectively Communicating What We See
- 810:** The Hazard Risk Assessment Process: Prioritize for Measurable Risk Reduction
- 830:** Tools and Techniques for Conducting an Effective Accident Investigation
- 835:** Injury and Illness Prevention in Construction through Safety Committees and Meetings
- 853:** Safety Committees – Fizzle Factor to Fresh Thinking
- 906:** Energize Your Safety Committee: Zap It with Creativity
- 922:** You Think You're Good at Identifying Hazards? ... Let's Play!

Safety and Health Management/Leadership

- 601:** Training the Next Generation of Safety Leaders
- 750:** Safety for Supervisors
- 770:** Intentional Safety Leadership: Moving from Minimum Compliance to Safety Excellence
- 828:** New Hire Safety Leadership
- 927:** Handling Change in Your Business – Learning How To Help Your Team Better Adapt To Change
- 960:** Basics in Starting a Safety Program

Total Worker Health

- 606:** Question, Persuade, Refer (QPR) Gatekeeper Training
- 717:** Mental Wellness, Well-being, and Suicide Prevention
- 786:** Why We Sleep and the Consequences of When We Don't
- 815:** Mental Well-being and Suicide Prevention Awareness
- 839:** Safety Supportive Supervisor Training To Reduce Psychosocial Stressors at Work
- 855:** QPR: Question, Persuade, Refer

- 856:** No One Size Fits All – Implementing TWH
- 913:** Total Worker Health 101
- 952:** Question, Persuade, Refer (QPR) Gatekeeper Training
- 959:** Total Worker Health: Workplace Solutions

Utilities

- 761:** Electromagnetic Fields in the Electric Utility Industry
- 813:** Going Beyond Compliance: Protecting Employees From Wildfire Smoke Contaminants
- 827:** Climate Change Impacts to Work: Experiences, Perspectives, and New Rules Relating to Wildfire Smoke and Heat Illness
- 832:** Engaging the Workforce Through Interactive Learning

Workers' Compensation

- 719:** To Be, or Not To Be, That Is the Question: Independent Contractor or Employee?
- 757:** Common Pitfalls and Emerging Workers' Compensation Trends for Oregon Employers
- 774:** Oregon's Return to Work Programs: Not Too Good To Be True
- 836:** Workers' Compensation Division Regulatory Update
- 863:** Workers' Comp 101: From Injury to Closure

Workplace Violence

- 718:** Taking Violence Out Of The Workplace: Reaction and Prevention
- 759:** CAHOOTS Crisis Intervention – Basic Training: De-escalation Practices
- 767:** Health Care Workplace Violence Prevention
- 787:** CAHOOTS Crisis Intervention – Advanced Training: Communicating Through Greater Complications
- 816:** Workplace Violence Prevention – Case Studies
- 840:** Crime Prevention Through Environmental Design (CPTED): The Basics
- 866:** Personal Safety 101
- 951:** Violence in the Workplace: Prepare, Respond, Recover