

CASCADE OCCUPATIONAL MEDICINE

Cascade Occupational Medicine

- What is Occupational Medicine
- History of Occupational Medicine
- Who Can Provide Occupational Medicine
- What is an Occupational Medicine Physician
- What does a program provide
- Sources for Occupational Medicine
- Worker's, Employer's and Insurer's Concerns
- Specific Programs

OCCUPATIONAL MEDICINE

What Is Occupational Medicine

- Prevention and Maintenance of highest degree of physical, mental, social well being of workers in all occupations
- Prevention among workers of departure from health caused by work
- Protection of working in their employment from risk resulting from factors adverse to health

What Is Occupational Medicine

- Placing and Maintaining Workers in an Occupational Environment Adapting Them to His/Her Physiological and Psychological Equipment
- If Injured, return Worker to place of employment as Safely and Efficiently as Possible for Both the Worker and Employer

THE ADAPTION OF WORK TO THE WORKER AND OF EACH WORKER TO HIS/HER JOB

History of Occupational Medicine

History of Occupational Medicine

Ramazini-Father of Occupational Medicine
15th Century Italian Physician
Educated by Jesuits/moved to Modena Italy
Published first book on Occupational Medicine
DE Morbis Artificum Diatriba-Diseases of Workers
Looked at Illnesses associated with 52 Occupations
Most work on Cow Pox, diseases of Miners

History of Occupational Medicine

- Industrial Revolution.
 - Next great leap in Occupational Medicine
 - Around 1867, began recognizing problems with the work site

History of Occupational Medicine

- World War I
 - Marked Expansion of Chemical
 - Moving Toward Industrialization
 - More People Exposed
 - More Illness/Disease Identified

History of Occupational Medicine

- World War II
 - Global Transportation of Chemicals
 - Easy Movement of People Around Globe
 - More Explosion of Chemical Development
 - Exposures Become Portable

Who Can Provide Care

PROVIDERS

- MD or DO
- Registered Nurse Practitioner
 - Must have received packet regarding Worker's Comp
 - Can treat for 90 days
- Chiropractors
 - Must be licensed
 - Can treat for 24 visits or 60 days, whichever comes first

PROVIDERS

- Oral Surgeon Licensed by the Board of Dentistry
- A Medical Provider Authorized by Attending Physician
 - Physician's Assistant
 - Can treat for 24 visits or 60 days, whichever comes first
 - May continue to treat if under direct supervision of MD, DO, or approved Nurse Practitioner

Occupational Medicine Physician

- 3 years training required after internship
- First year-MPH
- Two years devoted to all aspects of industrial medicine
- Two areas of subspecialty
 - Aerospace Medicine
 - Underwater Medicine

Occupational Medicine Physician

- Eligible to take Board Certification
- Board Certification good for 10 years
- Must be recertified every 10 years
- 50 hours of CME required each year

WHO PROVIDES OCCUPATIONAL MEDICINE

PROVIDER RESOURCES

- ED's
 - Advantages
 - Rapid Access
 - 24/7
 - Disadvantages
 - EXPENSIVE
 - Their goal is not your goal "Treat em and Street em"
 - Hard to get ED's to do drug screens, ancillary stuff
 - Usually long wait times except for major emergencies
 - Poor concept of return to work issues
 - Haven't a clue regarding most Occ. Med. services

PROVIDER RESOURCES

- Urgent Care/ACU's
 - Advantages
 - Relatively easy access
 - extended hours
 - more customer sensitive than ED's
 - Disadvantages
 - Less expensive than ED's but still expensive
 - Limited knowledge of worker's compensation/Occ. Med.
 - Likely to see new MD each time
 - Wait times can be long like ED's

PROVIDER RESOURCES

- Primary Care Physicians
 - Advantages
 - Able to provide longitudinal care
 - Usually knows patient well
 - Typically less expensive than ED's/Urgent Care
 - Better understanding of some Occ. Med. services
 - Disadvantages
 - Limited access
 - Usually a patient advocate
 - Usually limited understanding of worker's comp rules and employer return to work programs
 - Typically give longer/greater time loss

PROVIDER RESOURCES

- Occupational Medicine Clinics
 - Advantages
 - Good working knowledge of Worker's Comp rules/work place issues
 - Less expensive than ED's/Urgent Care
 - Works off of premise-"3 bosses"
 - Usually staffed by physicians certified in Occupational Medicine
 - Aware of light duty positions
 - "One stop shopping" (provide all aspects of Occupational medicine including DS, PC testing, ergo evals, etc)
 - Typically will call employer after exams/injury care
 - Disadvantages
 - Limited number of clinics with limited hours

Concerns of the Worker

Worker's Concerns

- How long is this going to take
- Will I still have my job
- How am I viewed by my co-workers
- How can I take care of my family
- Will I be permanently injured
- Cost
 - Who is going to pay for this
 - What about any "out-of-pocket costs"

Concerns of the Employer

Employer's Concerns

- Was this a true injury or is this a fake
- How is this going to effect my coverage
- How am I going to replace this worker
- How much is this going to cost me
- When the worker comes back, what do I do

Insurer's Concerns

- Is this a true injury
- How long is this going to last
- Does the physician understand "return to work issues" or is he/she going to give the worker a "week off"
- Can I work with this provider (does he/she understand our system)
- Will the provider provide me with timely reports and chart notes

Expectations

- Worker's Comp Like Pediatrics
- From Physician
 - Timely phone calls regarding RTW, preplacement
 - Accessibility
 - Timely reporting
 - Neutrality

Expectations

- From the Worker
 - Honesty in accurate reporting
 - Active participation in "getting well"
 - Reporting relevant issues at job site
- From the Employer
 - Accepting the fact workers do get injured
 - Adherence to after care instructions
 - Accurate reporting of worker's behavior if inappropriate
 - Job Descriptions when appropriate

Expectations

- From the Insurer
 - Understanding that workers do get injured
 - Accessibility
 - Timely payment of claims

Partnering

Physician

Insurer

Employer

Worker

Typical Services in an Occupational Medicine Program

Occupational Medicine Services

- Contracted Services
- Worker's Compensation
- Specialty Services

Occupational Medicine Services

Contracted Services

Preplacement/Post Hire Exams
Fitness for Duty/Return to Work Exams
Hazmat/ERT exams
Police/Firefighter Exams
DOT exams

Occupational Medicine Services

Contracted Services

Audiograms
Treadmill Testing
Spirometry
Fit Testing
Vision Screening

Occupational Medicine Services

Contracted Services

Drug Screening
MRO Services

Occupational Medicine Services

Onsite Services

Ergonomic Assessment
Industrial Hygienist
Health Screening Programs
Drug Screen Collections

Occupational Medicine Services

Injury Care

Initial and Follow-up Care

Physical Therapy

Work Strengthening/Work Hardening

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