

Tuesday, March 10

7 a.m.

Registration begins

7-8:30 a.m.

Breakfast with Exhibitors

Sponsored by Liberty Northwest

Enjoy coffee in the exhibit hall and meet representatives of this year's exhibiting companies.

7 a.m.-3:30 p.m.

Exhibits open

8:30-10:15 a.m.

Opening and Keynote

Opening (8:30-9:15 a.m.)

Clark Vermillion

Conference Chair

President, ASSE Columbia-Willamette Chapter

Michael Wood, CSP

Administrator

Oregon OSHA, Salem

1000

All

Keynote: A Journey on Shifting Sands

(9:15-10:15 a.m.)

(See page 1 for keynote description.)

Steve Donahue

*Professional speaker, best-selling author
and documentary filmmaker*

10:15-10:30 a.m.

Break

10:30 a.m.-noon

1001

All

Follow a Compass, Not a Map

In the Sahara a map is useless because the terrain is always shifting. A compass can guide you even when you're lost. This session helps you clarify what your own personal compass is and how to follow it. You learn to find your way forward in a constantly changing world by relying on your talents and passion to point you in the right direction.

Steve Donahue

*Professional speaker, best-selling author
and documentary filmmaker*

1002

B/I

Health Issues in the Construction Industry

This session reviews many of the major health hazards associated with construction industry. Topics discussed include: lead, silica, noise, carbon monoxide, and chemical handling. Also discussed are the sources of exposure, rule requirements, appropriate hazard assessment, and control methods.

Jeff Jackson

*Senior Occupational Health Consultant
Oregon OSHA, Portland*

Chris Zimmer

*Senior Health Compliance Officer
Oregon OSHA, Portland*

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels

1003 HCE

I

Making the Business Case for Ergonomics and SPH Programs

Understanding and documenting the costs and benefits within the context of a business model is critical for selling, justifying and evaluating successful ergonomics and safe patient handling (SPH) programs and solutions. This session provides participants with a method of defining the cost benefits and economic impact of their ergonomics and SPH activities. Principles can also be applied to cost justification of occupational safety and health programs

Topics discussed include:

- Identifying and measuring the cost of poor workplace design and occupational musculoskeletal disorders to health care facilities
- Defining how ergonomics and SPH programs positively impact health care business goals and profit margin: integrating employee and patient safety
- Economics analysis methods to demonstrate the financial benefits of ergonomics and Safe Patient Handling activities

Lynda Enos, RN, BSN, MS, COHN-S, CPE

*Ergonomist, Nursing Practice Consultant
Oregon Nurses Association, Tualatin*

1004 HCE

All

Understanding and Managing Ergonomic Risk in Hospital Support Services

For many healthcare organizations, musculoskeletal disorders (MSDs) or ergonomic injuries account for approximately 40-60% of their claims and incurred costs. Though reducing patient handling injuries is a priority, managing the ergonomic risk in support services (i.e., laboratory, environmental, dietary, and facilities services) is also important to a comprehensive risk control plan. After this presentation attendees understand the key ergonomic risk factors and root causes in hospital support services, and common solutions for improvement.

Woody Dwyer, MS, CPE, CIE

*Ergonomics Specialist
Travelers Insurance, Orange, California*

Dora Shaieb, PT

*Ergonomics Coordinator
Citrus Valley Health Partners, West Covina, California*

1005

A

Legal Liability for the Construction Safety Professional

Have you wondered whether you could be personally liable as a safety professional for a workplace injury or death? Or whether your actions or inactions could lead to criminal charges? Do you have the right insurance coverage in place to address these risks? This session reviews recent cases where individual safety professionals and other management level employees have been held responsible for their company's safety violations. The session offers an overview of how to protect yourself and your employees from personal exposure for professional decisions.

Deanna L. Wray, J.D.

*Attorney
Bodyfelt Mount LLP, Portland*

1006

All

Ergonomic Solutions in Construction

The construction industry is one of the top three industries with the most accepted disabling claims, and sprains and strains account for more than one third of all injuries requiring days away from work. During this session learn solutions that can be implemented today on your job site to reduce musculoskeletal disorders (MSDs), increase production, and sustain your greatest resource, your employees!

- Understand the injury chain, how workers are being injured, and preventative strategies
- Identify risk factors that put workers at risk for a MSD and apply controls on the job site
- Be introduced to alternative work materials that can reduce the risks associated with MSD injuries
- Calculate the cost benefit analysis of implementing an ergonomics program

Yutonah Bowes

*Ergonomics Outreach Coordinator
Oregon OSHA, Salem*

Chris Miller

*Safety and Loss Control Consultant
Associated General Contractors, Oregon Columbia Chapter,
Wilsonville*

Mark Noll

*Senior Safety Management Consultant
SAIF Corporation, Salem*

Kimberly Rhodes

*Safety Coordinator
Emerick Construction Company, Portland*

Tuesday, March 10, 10:30 a.m.-Noon continued

1007

B

Respirator Primer: Tools for Successful Program Management

Objectives:

- Summarize the requirements for the safe use of respirators in easy-to-understand terms
- Describe practical approaches for protecting workers exposed to respiratory hazards
- Provide a forum to share respirator program challenges and solutions
- Identify and describe useful internet and written tools for specific respirator program needs

Illa Gilbert-Jones, CIH, CSP

Senior Safety Management Consultant
SAIF Corporation, Portland

Annie Moorman, CIH, ARM

Senior Safety Management Consultant
SAIF Corporation, Portland

Siobhan Murphy, CIH, CSP

Industrial Hygienist
SAIF Corporation, Portland

1008

All

Selling Wellness to Management

Discusses the challenges of persuading gatekeepers when beginning or growing a wellness program. Participants learn ways to successfully foster management support, to identify whom the key champions of the program need to be, and to maintain an environment supportive of the wellness program.

Heidi Pierce

Wellness Program Coordinator
Stimson Lumber Company, Forest Grove

1009

I

Reducing Injury Rates Through Hiring Practices and New Employee Orientation

This course serves as a guide to understanding the importance of having strong hiring practices and thorough new employee training. Discussed in detail are the elements that should be included. Often, employers feel rushed to have their new employees get started. However, rushing through these critical processes can result in an employee that fails to adequately meet expectations. Taking the time to hire the best employee possible and ensuring they understand your job expectations will put them on the right path to have a successful and safe career.

Pam Ahr, MBA

Regional Operations Supervisor
SAIF Corporation, Medford

Lisa L. Jacobson, ARM

Risk Management Consultant, Haines

1010

I

Techniques for Hazard Recognition for Construction, General Industry, and Office Workplaces

Even in organizations with the best safety and health management systems, whether it is construction, shipyards, general industry, offices, or other working locations, both safety and health professionals and the line organization overlook hazards. Every organization should have a variety of techniques to find and control hazards. Attendees learn to recognize hazards and the techniques available to find hazards.

David F. Coble, MS, CSP

President
Coble, Taylor & Jones Safety Associates,
Cary, North Carolina

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels

1011

B

Material Safety Data Sheet (MSDS)

Provides a general overview of Material Safety Data Sheet (MSDS) based on 29 CFR 1910.1200g. The information included in the MSDS of commercially available chemical products is discussed:

- Chemical and physical properties
- Spill and disposal procedures
- Health hazards
- Emergency and first aid
- Storage and handling
- Personal protection
- Reactivity
- Environmental and regulatory data

Javid Mohtasham, Ph.D.

*Director/Advisor Sustainability, Health & Safety Program
Mt. Hood Community College, Gresham*

1012

I

Managing Safety for an Aging Workforce: Hope, Tactics, and Strategies

The aging workforce is a well-known reality. Americans are living longer and staying in the workforce longer. The United States General Accounting Office estimates that by the year 2015 the proportion of workers over age 55 will have nearly doubled since 1990. The percentage of Americans over age 65 is expected to grow in the next 20 years. Unfortunately, myths have propagated about the value of older workers and their impact on safety. This session describes who older workers are, replaces myths with research-based reality about older workers and offers practical steps for managing the safety of an aging workforce.

Wayne S. Maynard, CSP, CPE, ALCM

*Product Director-Ergonomics & Tribology
Liberty Mutual Research Institute for Safety
Hopkinton, Massachusetts*

1013

B/I

Keeping Your Playground Safe

Playgrounds should be designed for a high level of safety, high play value, and require low supervision and low maintenance. Most injuries are caused by not having enough loose-fill surfacing in the use zones. However, since the use zones (fall zones) are different for each piece of equipment, it is important to maintain adequate loose-fill surfacing in the right places. You cannot prevent kids from falling but by engineering safety into your playground design you can prevent them from getting hurt when they fall. We discuss this and other ideas that have helped Beaverton School District dramatically reduce claims and the costs associated with them.

Dan Davenport, ARM

*Loss Control Specialist
Beaverton School District, Beaverton*

Phil Wentz, M.Ed.

*Facilities Manager
Tigard-Tualatin School District, Tigard*

1015

All

The Training Process

Most companies feel good if they can get employees to retain 30% of their training, but if you apply "The Training Process" you can expect a 95% to 100% retention from your training. This training converts how employees learn and retain information into how employees understand information. Understanding is the key to retaining information. We use practical interactive demonstrations to embed how important it is to have a good training process, if your company desires 100% retention of information. We give you all the tools needed to use and present this information at your company.

Scott Brown, ARM

*Senior Safety Management Consultant
SAIF Corporation, Bend*

Dave Challburg

*Senior Safety Management Consultant
SAIF Corporation, Bend*

Tuesday, March 10, 10:30 a.m.-Noon continued

1016

B

What to Expect From an Oregon OSHA Inspection

Have you ever wanted a senior compliance officer and an enforcement manager at your disposal? Attendees receive information about the organizational structure of Oregon OSHA, inspection priorities, employers and employees' rights and responsibilities, compliance officer's rights and responsibilities, inspection procedures, citation and penalty determination, and a review of the most common citations. Attendees have an opportunity to ask questions or dispel urban rumors regarding Oregon OSHA.

Brandi S. Davis, ASP, OHST

Senior Health Compliance Officer
Oregon OSHA, Portland

Stan Thomas

Health Enforcement Manager
Oregon OSHA, Salem

1017

B

How to Create a Quality Workplace Drug Program

Covers:

- Why drug programs are important to workplace and worker safety
- How they work
- Benefits to company, workers, customers, and general public
- How to apply drug programs to your company

Clarence Belnavis

Partner
Fisher & Phillips, LLP, Portland

1018

All

Situational Leadership for Improved Safety and Production

Supervisors and leaders deal with a wide variety of personalities and competence levels. Situational leadership is a model of identifying the competence level of the associate and then matching the appropriate leadership style with the associate's abilities. Successful implantation results in increased safety, performance, and retention of associates.

Attendees learn to:

- Identify their natural leadership style
- Identify in which quadrant their team members reside and how to move them through the model
- Relevant tools to take back to the workplace

Mike Cieri, MSIR, CDS

Vice President
Mardac Consultants, Eugene

1019

All

ESH Cost Modeling

Designed to provide a fundamental understanding of economic analysis applied to occupational safety, health and environmental management issues and practices. Offers economic analysis as a useful tool for changing how proposals for investments in practices to confront and manage occupational safety, health and environmental issues are put together and presented within the firm's overall investment allocation decision-making process. By the end of this presentation, practitioners are able to:

- Describe the main motivation for applying economic analysis to occupational safety, health and environmental affairs
- Articulate the rationale supporting and the logic behind incorporating economic analysis findings into safety, health and environmental investment proposals
- Describe the safety, health and environmental investment strategies available to firms and being used in practice by firms
- Characterize what is needed to construct a safety, health and environmental economic analysis model

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels

Tuesday, March 10, 1:30-3 p.m.

- Describe what will be needed for economic analysis to become an on-going practice within the occupational safety, and health profession

Anthony Veltri, MS, PhD, CSHM

*Associate Professor, Environment, Safety and Health
Oregon State University, Corvallis*

Noon-1:30 p.m.

Lunch — Sponsored by SAIF Corporation
(Included with Tuesday registration fee.)

1:30-3 p.m.

1051

A

What You Do Now Can Hurt You Later

Key points:

- Will what you write down today come back to haunt you tomorrow?
- Will what you say today come back to haunt you tomorrow?
- Preventive steps to take today to be the “Good” and avoid being the “Bad” or “Ugly”
- Checklist of steps to take today are provided
- Use of hands-on participation and interactive media

Peter C. Richter

*Partner
Miller Nash LLP, Portland*

1052

I

Safety and the Bottom Line: A Public Entity Perspective

Business focuses on the “bottom line.” Business processes measure it. Management systems monitor performance that produces it. Public entities have equivalent functions of measurable goals and performance monitoring. Safety and health can be measured through business processes and monitored with management systems. It can be

part of that bottom line. This session is focused on practitioners providing health and safety programs and services in the public entities of state and local government. Discussion and idea sharing during the session covers:

- Defining the bottom line for public entities
- Understanding and applying government business processes and management systems in planning, developing, financing and implementing safety and health
- Marketing bottom line safety and health in your public entity

Kate Wood, RN, MN, ARM

*Risk Manager
City of Portland, Portland*

1053

I

Risk Management and Safety: Partners in Prevention

Risk management, the practice of identifying and analyzing loss exposures and taking steps to minimize their financial impact, has long been identified with an organizations insurance function. All too often safety and risk management did not seem to communicate effectively. As the traditional risk management role gives way to the newer concept of Enterprise Risk Management (ERM) safety professionals are ideally placed to assist in the process and in so doing enhance the organizations safety program. This session provides an overview of the risk management process; common and divergent issues between the two professions; insight for safety professionals on how to use their knowledge and skills; and techniques for gaining the support from risk management.

Mina Hanssen, MBA, ARM

*Risk Manager
Marion County, Salem*

Tuesday, March 10, 1:30-3 p.m. continued

1054

I/A

Inspiring Safety Culture for High-Level Performance

Focused leadership can achieve and sustain global safety performance. This entails aligning everyone's motivation, attention, communications and daily actions towards the desired direction. The results? High-level safety, energized employee engagement, heightened trust and receptivity — and elevated overall performance. This innovative seminar focuses on practical, proven strategies and methods for moving your company to the next level of safety culture and performance.

Topics include:

- Hidden organizational benefits of safety
- Identifying and directing higher-level safety culture
- Executive safety leadership lessons
- Boosting safety with today's workforce

Anil Mathur

CEO

Alaska Tanker Company, Beaverton

Robert Pater

Managing Director

SSA/MoveSMART, Portland

1055

B

Track Safety: An Introduction to Working Safely on or Near Rail Systems

Contractors, utilities and government agencies whose work requires access on or near railroads and the mass transit systems in Portland are provided information on:

- Track access and worker protection procedures
- What to do before you work
- Overhead electrical hazards and safe work procedures
- What is the Right of Way?
- Emergency procedures

B Basic **I** Intermediate **A** Advanced

All Applicable for all levels

Attendees are informed on the procedures to be adhered to prior to working on or near railroads and mass transit. Attendees are made aware of their responsibilities and the safe work procedures required. This session is informational and does not replace the TriMet track access training requirements.

Anthony Roberts

Senior System Safety Specialist

TriMet, Portland

1056

B

Hearing and Noise — The Basics

Hearing loss affects many aspects of work and home life, and yet it continues to occur due to on-the-job noise. Can safety professionals support hearing loss prevention in their workforce? Bring yourself up to speed on noise and hearing concepts, OSHA rules, and program basics. Leave the session with valuable knowledge to answer typical questions, meet OSHA obligations, and improve workforce hearing health.

Joe Cissna, MHS, CIH

Industrial Hygienist

Portland General Electric, Portland

Michelle Ziegler, AuD

Audiologist

PacifiCorp, Portland

1057

All

The Workplace and Aging: How to Consider and Maintain the Health of Workers as they Age Toward Retirement and Beyond

The session examines how employers and employees can cooperate and develop programs that promote healthy lifestyles as one ages. Focuses on finding simple and low or no cost options for healthy activity.

Participants:

- Identify ways to improve and maintain health as they age; includes effective exercise, dietary, and stress reduction guidelines

Tuesday, March 10, 1:30-3 p.m.

- Develop strategies to make the workplace a healthier environment for workers as they move toward the end of their careers and retirement
- Prepare to implement a program and report back to the session leader about the effectiveness of their efforts

Danny R. Mielke, Ed.D, MPH, CHES
Professor and Chair
Eastern Oregon University, La Grande

1058

B

Safety Committee/Safety Committee Meeting Adopted Rule Review: Everyone Must Do Something

Reviews options for mobile employers, small employers, offices environments, and employers with multiple locations to comply with the newly adopted safety committee/safety meeting rule.

Ron Haverkost
Safety Technical Specialist
Oregon OSHA, Salem

1059

I

Prevention of Slips, Trips and Falls: A Systems Approach

Slips, trips and falls represent more than a trivial problem. The 2007 Liberty Mutual's Workplace Safety Index ranking of the ten leading causes of workplace accidents, and a 2001 CFO Survey of Workplace Safety revealed some interesting statistics about the direct and indirect costs of workers compensation from same level slips and falls. The direct cost of falls on the same level represents \$6.6 billion, or 13.6 percent of the total \$48.3 billion, second behind overexertion. Less than 9 percent of the CFOs surveyed rank slips and falls as a top cause of workers' comp loss -- fourth overall.

Why the difference in perception versus reality? The reason might be in lack of understanding about causes of slips and falls and implementation of a proactive process for managing prevention. This presentation explains causes of slips, trips and falls including Tribology, explains slip resistance and facility design standards for same level falls including stairways, and explains how an effective slip and fall prevention process can save an orga-

nization potentially millions of dollars in reduced injuries and facility design costs over time.

Wayne S. Maynard, CSP, CPE, ALCM
Product Director-Ergonomics & Tribology
Liberty Mutual Research Institute for Safety
Hopkinton, Massachusetts

1060

B

Doing Business in Oregon Under the Oregon Consumer Identity Theft Protection Act and Related Privacy Risks

Presents a general overview of the Oregon Consumer Identity Theft Protection Act that took effect on October 1, 2007, with an emphasis on the provisions that affect doing business in Oregon.

Topics include:

- Safeguarding personal information about Oregon residents
- Protecting social security numbers
- Notifying affected individuals of a security breach
- Enforcement of the Act

Michael Porter, PC
Attorney at Law
Miller Nash LLP, Portland

1061

All

Preventing Sprains and Strains: Best Practices at Work

Smart ergonomic work setup, and simple body mechanics to reduce strain are examples of proven injury prevention principles to reduce the risk of sprains and strains. Some individuals are very good at applying these principles in their work place and craft. But how can an organization capture, spread and apply these specific applications in a timely and labor efficient way? This session reveals how Oregon is using newly developed authoring and database software to meet this challenge.

Bob Button, MS
Director
Safety In Motion, Portland

Tuesday, March 10, 1:30-3 p.m. continued

1062

B

OSSOA Roundtable

Oregon School Safety Officers Association (OSSOA) officers provide a forum for asking questions and sharing information on a wide variety of school safety and health topics. This is an opportunity for you to ask a question and hear from your peers how they handle situations of all sorts and sizes. So come with your questions or come and listen to discussion on a range of topics.

Phil Wentz, M.Ed.

Facilities Manager

Tigard-Tualatin School District, Tigard

1063

I

Nurturing Effective Employer-Physician Partnerships (1:30-5 p.m.)

There's no question - employers need doctors to facilitate return-to-work and keep claims costs under control. Injured workers need employers and doctors if they want to get healthy and succeed financially. Doctors and employers function in different worlds, and often fail to understand one another's actions, motivations, and goals. This interactive presentation is designed to give employers a glimpse inside a doctor's world - with the goals of improving understanding, reducing confusion, preserving relationships, and maximizing efficiency. We offer insights and tools using case studies to help you partner more effectively, enhance communications, and achieve positive outcomes.

Bertram W. Berney, MD, MHS

Physician, Portland

Carol Gunn, MD, CIH

Owner / Physician

Occupational Medicine, Portland

1064

All

Bridging the Generation Gap

Over the past 10 years, research behind generational diversity has taken us to new levels in the workplace. Now we must go beyond the basics of this information and find strategies to integrate the generations into the workplace more effectively. Tapping into the new generations and blending them with the more established generations is the key for future workplace success.

Participants are able to:

- Understand the different generations and their unique motivations, skills and strengths
- Learn what the Next Great Generation wants from an employer today
- Develop effective methods for managing and facilitating conflict and communication challenges between the different generations
- Evaluate your own generational obstacles to collaboration in the workplace and beyond.
- Identify specific action to change the workplace environment that will enhance productivity, teamwork and fun

Jennifer M. Webster, PhD

Principal

Business Strategies, Inc., Salem

1065

B/I

Regulatory Update

Do you find regulatory compliance a challenge? Wouldn't you like a crystal ball to tell you which regulations/requirements were changing and what to expect in the next few years? Attendees receive information from pertinent agency and organization representatives regarding upcoming regulatory changes and emphasis programs. Attendees are encouraged to ask speakers questions pertaining to program content.

Christie Hammond

Administrator

Bureau of Labor and Industries, Portland

Jerry Managhan

Deputy Administrator

Workers' Compensation Division, Salem

Marilyn K. Schuster

Policy Manager

Oregon OSHA, Salem

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels

1066

B

Introduction to General and Hazardous Waste

Waste issues for all types of businesses and government agencies have become more complicated and diverse with the increased emphasis on reduction, recycling and sustainability to different types of wastes, including e-wastes.

Provides information on:

- Various types of commercial wastes
- Setting up and operating a waste management program
- How a commercial waste-handling firm can assist in managing wastes
- Regulatory and compliance issues

Vince Brown

*Senior Project Manager
Veolia ES Technical Solutions, Vancouver*

Ross Edginton, CHMM

*Environmental Manager
East Side Plating, Inc., Portland*

Jeffrey L. Hunter

*Attorney at Law
Perkins Coie LLP, Portland*

1067 HCE

B

How Did They Do That? Case Studies in Healthcare Ergonomics

Panelists describe the ergonomics and safe patient programs that have been successfully implemented at their acute care and outpatient clinic facilities in Washington and Oregon. Practical approaches that facilitate the implementation of sustainable programs are discussed.

Theresa Kramer, MS, PT

*Injury Prevention Program Coordinator
Cascade Healthcare Community, Bend*

Jacqueline A. Feaver, CRC/R, HEM, CSHE, CHSP, CHCM

*Ergonomics Manager, Oregon Region
Providence Health and Services, Portland*

Tim Donohue

*Quality Assurance Program Manager
Multnomah County Health Dept.,
Integrated Clinical Services, Portland*

Leslie Pickett, PT

*Ergonomics & Injury Prevention Specialist
Swedish Medical Center, Seattle, Washington*

1068

I/A

Collaborative Construction Planning: A Convergence of Sustainability, Lean Construction, and Safety in Design

(1:30-5 p.m.)

This program begins with a keynote presentation from a healthcare provider who provides an owner's perspective on the importance of collaborative processes in the project delivery systems to meet specific project goals related to sustainability, lean, and safety. A panel of owners, general contractors, architects/engineers, specialty contractors, and academic researchers to explore challenges and structural constraints in achieving collaborative construction projects follows the keynote presentation. The panel presentation includes interactive dialog with those in attendance.

Gain a clearer understanding of the nature of the evolving relationships critical to meeting the demands of tomorrow's construction projects with unprecedented expectations around energy demands, safe designs, environmental sensitivity and efficient use of resources. Participants are able to assist in implementing these approaches within their own organization or with other organizations they join and work with to implement collaborative construction planning.

The Greater Portland Construction Partnership (GPCP) who is facilitating this session was formed to extend the vision and practices of injury free projects, recognizing the interdependent relationships amongst all the project organizations. The GPCP believes that the approaches required to eliminate injury also provide better designs, reduced project delivery time frames and lower project costs.

3-3:30 p.m.

Break

Tuesday, March 10, continued

3:30-5 p.m.

1063: Nurturing Effective Employer-Physician Partnerships

(continued from 1:30 p.m.)

1068: Collaborative Construction Planning: A Convergence of Sustainability, Lean Construction, and Safety in Design

(continued from 1:30 p.m.)

1069

I

Critical Issues Facing the Construction Safety Professional

Provides an overview of new legal trends that the construction safety professional is often involved with. Topics include: EEO; harassment; violence in the workplace; drugs and alcohol in the work including: medical marijuana, prescription and over the counter drugs; and American's with Disability Act.

Dan Harmon

Executive Vice President and General Counsel
Hoffman Construction, Portland

1070 HCE

I/A

Therapists, Rehabilitation, and Safe Patient Handling

Physical therapists are not immune to work-related musculoskeletal disorders or injuries. There is a long-standing belief, however, that adherence to "good body mechanics" will protect us from injury over the course of a working career. The nursing profession has already begun a paradigm shift away from manual patient handling to integrating new technology with hands-on patient care. There is an increasing body of evidence that multi-faceted safe patient handling programs are effective in decreasing injuries and improving safety for both caregivers and patients. In addition, the goals of

patient safety and the goals of rehabilitation are not necessarily mutually exclusive. This program reviews the evidence, discusses some of the myths about safe patient handling and rehabilitation, describes current trends of safe patient handling, and discusses the impact on the physical therapy profession.

Leslie Pickett, PT

Ergonomics & Injury Prevention Specialist
Swedish Medical Center, Seattle, Washington

Kathleen Rockefeller, ScD, MPH, PT

Associate Professor
School of Physical Therapy & Rehabilitation Sciences,
Univ. of Florida, Tampa, Florida

1071 HCE

I

Pilot Projects: Oregon's Safe Patient Handling Facility of Choice Program

Injury data has demonstrated that musculoskeletal injuries to nurses and CNAs are a serious problem in Oregon, resulting in costly and disabling injuries to workers and to the patients and residents being handled. In order to promote safe patient handling Oregon OSHA, with input from the Oregon Coalition for Healthcare Ergonomics (OCHE), is piloting a Facility of Choice (FOC) program for long-term care facilities and critical access rural hospitals in Oregon.

Dallas Retirement Village in Dallas and Good Shepherd Hospital in Hermiston were chosen to pilot the FOC program, which is currently underway.

In this session management and staff from each pilot facility discuss the development, successes, and pitfalls of their programs including:

- Securing upper management buy-in by showing return on investment
- Keys to employee participation
- Considerations for equipment purchase
- How to strategically roll out facility wide training
- How to involve your patients and their families

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels

Tuesday, March 10, 3:30-5 p.m.

Yutonah Bowes

*Ergonomics Outreach Coordinator
Oregon OSHA, Salem*

Lynda Enos, RN, BSN, MS, COHN-S, CPE

*Ergonomist, Nursing Practice, Consultant
Oregon Nurses Association, Tualatin*

Jennifer Hess, DC, MPH, PhD

*Research Associate and Ergonomist
University of Oregon, Labor Education and Research Center
(LERC), Eugene*

Vickie Horneck, BSN, RN

*Nurse Manager
Good Shepherd Health Care System, Hermiston*

Cory J. Oace, NHA

*Health Care Administrator
Dallas Retirement Village, Dallas*

1072

I/A

Safety Committees: Beyond the Basics

You might understand safety committees, but does yours work effectively to bring about positive results? Safety committees can be more than just a group of people meeting because it is the law. Take your safety committee to the next step. This session provides you with tangible ways to increase the effectiveness of your safety committee while reducing injuries, improving morale and the profitability of your organization.

Tim Clarke, CPCU, AIC

*Director of Risk Services
Beecher Carlson, Portland*

1073

B

Ladder Safety

This presentation covers ladder accidents and fatalities, ladder hazards, proper selection, proper inspection, proper use, and proper maintenance and storage of ladders. Upon completion of the presentation attendees are able to recognize the hazards associated with ladders, describe methods to control or minimize hazards associated with ladders. This program is for everyone who uses a ladder.

Dave Parsons

*Loss Control Consultant
Associated General Contractors, Oregon Columbia Chapter,
Wilsonville*

1074

I

Hearing Conservation Program Management

Recent developments in technology, standards and safety trends may impact your hearing conservation program. This session addresses the latest developments in key hearing program elements including noise assessment, engineering controls, hearing protection, audiometric screening, training, worker's comp, and program evaluation. Attendees gain familiarity with current issues in hearing conservation, and come away with a roadmap for a successful hearing conservation program.

Joe Cissna, MHS, CIH

*Industrial Hygienist
Portland General Electric, Portland*

Michelle Ziegler, AuD

*Audiologist
PacifiCorp, Portland*

1075

B

PPE Necessities

Unsure of the personal protective equipment you need to respond to your workplace hazards? Confused about respiratory protection? Do you provide PPE only to find it left unused? We'll help take your PPE program to the next level. Learn how to complete a PPE assessment and determine what's needed to protect your workers. This lively and interactive session provides a look at a variety of equipment and best practices for selecting the appropriate ones for your situation. Learn how to protect the eyes, head, hands, feet and body. We'll cover respiratory and hearing protection too. Find out about the latest OSHA rules regarding PPE, and how they affect your business. Receive training materials and take-home strategies designed to get workers on board with your PPE program.

Bruce Johnsen, MS

*Senior Safety Management Consultant
SAIF Corporation, Portland*

Laurie LaBrasseur, ARM

*Safety Management Consultant
SAIF Corporation, Salem*

Jacquie Strand, ARM

*Senior Safety Management Consultant
SAIF Corporation, Salem*

Tuesday, March 10, 3:30-5 p.m. continued

1076

All

Wellness Committees: Get it Going! Worksite Wellness Ways to Just Get Started!

Take away tools of the health promotion trade and numerous no-cost integrative systems ready to implement quickly. Understand your employer's healthcare cost dilemma and realize the employee lifestyle change confidence crisis. This session is intended for people who value their health, safety chairs, office health champions, soccer moms, and wellness coordinators interested in getting a safety and health promotion initiative underway or shifting current safety committee culture towards one that injects health promotion topics into programming.

Bud Harris, PhD, cWC, CPT

*Wellness Coach and Personal Trainer
FitnessWork, LLC, Hillsboro*

1077

B

Back to Basics — Effective Hazard Recognition and Analysis for a Safe Workplace

Conducting a thorough hazard analysis is much more than simply using a form and checking "Okay" or "Not Okay." An effective hazard recognition and analysis program is essential to eliminating the conditions and work practices that can lead to accidents. This program discusses several means to effectively conduct workplace inspections, including OSHA's requirements for safety committees. Numerous photographic examples are used to illustrate the most common hazards in industry. Additionally, the most effective methods for abating any identified hazards are being covered. Whether

you want to improve the effectiveness of safety committee inspections, or to simply gain a greater understanding of workplace hazards, this program meets your needs.

Timothy J. McDonald, CSP

*Senior Safety Management Consultant
SAIF Corporation, Salem*

1078

I

Employment Law Update: Managing the Workforce in Challenging Times

This program is for managers and human resource professionals only.

The course covers:

- Leave laws — Update on new laws and rules and managing attendance policies
- Drug and alcohol policies and testing - constitutional constraints and medical marijuana
- Avoiding liability in managing layoffs
- These challenging times require managers and human resource professionals to understand fully the risks associated with making decisions. This session is intended to inform managers about the current laws and decisions of the courts/agencies administering the laws.

Janice L. Hirsch, J.D.

*Attorney
Jordan Schrader Ramis PC, Lake Oswego*

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels

1079

B

A Manager's Perspective on Implementing Ergonomics Programs

A panel of managers from a variety of industries discuss their experiences with incorporating ergonomics into their safety and health programs. The speakers provide knowledge on:

- Establishing a baseline and developing a strategy
- How to identify leaders in your workplace to drive the effort
- Pitfalls and potential mistakes to avoid
- Tracking and measuring data to ensure success
- Maintaining momentum of the ergonomics effort

Chuck Carey, ARM, CPDM

*Human Resources Manager
A-dec, Inc., Newberg*

Doug Caven

*Safety Consultant
David Bogart Associates, Inc., Eugene*

Jim McNeil

*Safety Risk Manager
Swanson Group, Inc., Glendale*

1080

All

Dodging the Bugs: Infection Control at Work (in the non-healthcare setting)

This session is appropriate for employees and supervisors from all industries and provides participants with practical strategies to prevent communicable disease transmission in the workplace. The session is designed to help participants to make informed decisions about workplace infection control in the **non-healthcare work environment**. Prevention of selected emerging diseases, including avian flu, is discussed. Resources for emergency planning are provided, although this is not the focus of the session. Bloodborne diseases are also covered, but is not intended to meet the Oregon OSHA requirements for bloodborne pathogens training.

Deb Fell-Carlson, RN, MSPH, COHN-S, HEM

*Loss Control Program Advisor
SAIF Corporation, Salem*

1081

B

Podcasting for Workplace Safety

Podcasting is huge. For companies, it offers many educational benefits including occupational safety and promotion. In this presentation, attendees learn what is involved to promote workplace safety communications with little technical or administrative investment.

Session:

- Explains what podcasting is and how it can help with workplace safety
- Includes instruction for audio and video podcasting
- Supplies you with free software to create podcasts
- Shows you how to promote your podcasts to internal audiences.

This course is suitable for anyone who is reasonably confident with a PC or Mac. No technology is required during the workshop.

Ben Protasio

*Web Developer/Designer
SAIF Corporation, Salem*

1082

All

Share the Road: Not Just a Bumper Sticker

A group was formed to address a very serious traffic hazard situation at NE Broadway and NE Wheeler in the vicinity of the Portland Water Bureau construction yard. Multiple incidents involving PWB trucks and commuter bicyclists led the group to form and work towards a win-win consensus path forward. Through cooperative efforts and strong communication, and by refusing to lean towards one form of transportation needs over the others, they were able to work out a fair and equitable solution. Efforts continue today with plans to take the messages citywide.

Facilitator:

Jeff Guard

Risk Specialist, City of Portland Water Bureau, Portland

Tuesday, March 10, 3:30-5 p.m. continued

1083

I

Environmental Issues Related to Property Development of Redevelopment

Environmental issues on a property don't have to be surprises or deal-breakers. The key to acquiring and developing a property is to identify existing and potential environmental problems on your site, and in the surrounding area, early in the process. Then these issues can be reviewed and mitigated, allowing the project to move forward without environmental delays. Topics of discussion for this presentation include:

- Environmental site assessments: Why you need them and how to proceed
- Addressing potential impacts to soil, surface water and groundwater
- Storm water
- Regulated and hazardous building materials
- Residual contamination: What you need to know

Gregory N. Baker, CIH, CSP, CHMM, LEED AP

Associate

AMEC Earth and Environmental, Portland

Jennifer C. Kuiper, RG, CHMM

Senior Project Manager

AMEC Earth and Environmental, Portland

1084

I

Lead with Leading Indicators: Establishing a Culture of Safety Excellence

Mike, a nationally recognized safety culture expert, presents why leading indicators — defining tasks and accountabilities — are the necessary imperatives to take control of safety performance and establishing a culture of “zero-incident excellence.” Never again confuse safety performance with safety numbers: attendees come away from this 90-minute presentation with the insight and tools to stay focused on the “upstream” activities within your control. Supported by success stories from a variety of industries, you can expect the larger view of why incidents happen in the first place and how the Six Criteria for Safety Excellence is your straightest path toward a silver bullet.

Mike Williamsen, PhD

Director of Consulting Services

CoreMedia

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels