

### MONDAY, MARCH 6

#### 1-4 p.m.

- 650: You've Found the Hazards - Now What?
- 651: Customer Service – Within Your Teams and With Your Clients
- 652: Unlocking Discretionary Effort: Engagement for Total Worker Health®
- 653: Traffic Incident Management (TIM) Responder Training
- 654: Safety Culture Evolution: Case Studies and Panel Discussion
- 655: Rigger/Signalperson – The Basics and Beyond
- 656: Machine Guarding
- 657: Industrial Hygiene for the Non-IH
- 658: Hearing Conservation: Program Best Practices and Determining Work-Relatedness
- 659: Ergonomic Principles for Safety Committees
- 660: Constructive Confrontation

### TUESDAY, MARCH 7

#### 8:30-9:45 a.m.

- 700: Opening and Keynote: Thinking Differently About Safety

#### 10:30 a.m.-noon

- 701: Basics in Starting a Safety Program (10:30 a.m.-3 p.m.)
- 702: Toolkits and Resources in Total Worker Health®
- 703: Reducing Stress and Preventing Burnout - Evidence-based Practices that Work
- 704: From Frustration to Exhilaration: How One Company Changed Their Safety Culture and Developed an Award-winning, Low-cost Safety Program
- 705: Leading Indicators - A Tool to Help Find the Pathway to Safety and Operational Excellence
- 706: Recordable, Reportable, or Both?
- 707: Movement Analysis: An Improved Model for Injury Prevention
- 708: Breathe a Little Easier - Ways to Investigate, Communicate, and Solve Indoor Air Quality Concerns
- 709: "Hope You Don't Fall"
- 710: Risk Management and EHS Working Together: Start, Stop, Continue
- 711: Are Fatality and Serious Injury Incidents Possible in Your Winery or Brewery Operation?
- 712: Cannabis: Spotlight on a Growing Industry
- 713: Work-related Traumatic Brain Injury in Oregon
- 714: Creating Sustainable Safe Patient Handling Programs in Health Care: Sharing Lessons Learned from the OAHHS Worker Safety Initiative
- 715: New and Experienced EHS Speed Networking Event
- 716: Workers' Compensation 101: From Injury to Closure
- 717: Opioids, Yesterday, Today, and Tomorrow
- 718: Introduction to Environmental, Health, and Safety (EHS) Issues Relative to Diisocyanates
- 719: Parallels Between the Safety and Lean Journeys
- 720: Industrial Wastewater and Stormwater at Your Facility and in Your Community

#### 1:30-3 p.m.

*Continued from 10:30 a.m. – 701*

- 750: The Future Career Landscape for OSH Professionals
- 751: Mindfulness in the Workplace
- 752: Age in the Workplace: Opportunities for Supporting Workers Across the Lifespan
- 753: Prevention Through Design in Construction
- 754: Employee Family Emergency Preparedness
- 755: Silica, with a side of Beryllium
- 756: Confined Space and Industrial Rescue: How Much and How?
- 757: The Role of the Proactive Property Insurance Company in Construction Projects

- 758: Cannabis, It's Not Just Brownies Anymore: OLCC and Regulation Road
- 759: Building Safety Culture: Integrating Total Worker Health into a High Risk and Sedentary Workplace
- 760: Chemical Safety and Your Chemical Hygiene Program
- 761: Strategies to Reduce Theft and Vandalism in the Construction Industry
- 762: Chemical and Lab Safety for Small to Mid-size Craft Breweries
- 763: WC101: Employer Coverage Services and Information
- 764: Violence Prevention in Health Care: Sharing Lessons Learned from the OAHHS Worker Safety Initiative
- 765: From A to Zika: Preparing for an Out-of-Oregon Occupational Exposure
- 766: How to Effectively Analyze and Use Leading Indicators in Safety
- 767: Safety: Thinking Differently
- 768: Retaliation and Whistleblower Claims: The Latest (and Not-so-Greatest) Developments

#### 3:30-5 p.m.

- 770: Practical Strategies for Preventing Slips, Trips, and Falls
- 771: Safety Foresight for Growth in the Brewing Industry
- 772: Coaching as a Leadership Skill
- 773: Safe Use of Working Platforms – MEWP Safety
- 774: The Many Options for a Career in Worker Health and Safety
- 775: Workplace Health and Safety for Employees with Disabilities
- 776: Budding Complications: Managing the Workplace in the Age of Recreational Marijuana
- 777: Significant/Interesting IH Case Studies from Oregon OSHA and Private Consulting
- 778: COOP, there it is: Continuity of Operations Planning
- 779: The Fundamentals of Self-Insured Loss Prevention Efforts
- 780: Working with Cannabis: Seeing Hazards Through the Haze
- 781: Lead by Example: Safety is a Mindset and Habit
- 782: Address Burnout to Reduce Errors and Injuries
- 783: Occupational Chemical Exposure: A View from an Environmental Justice Perspective
- 784: Serious Employee Injury: Lessons Learned and Key Takeaways
- 785: GHS Requirements and the Affect on Your Existing Hazard Communication Program
- 786: Essential Elements in Developing an Ergonomics Program
- 787: Importance of Physical Task Analysis
- 788: Safety Concerns About Nano-Materials

### WEDNESDAY, MARCH 8

**8 a.m. Columbia Forklift Challenge Driver Check-in**

#### 8:30-10 a.m.

- 800: Safety Committee Basics
- 801: Hook, Book, Look, and Took: A Simple Strategy for Instructional Design That Works!
- 802: Hurt Heroes: Data Mining Police and Fire Work Comp Claims
- 803: Regulatory Update
- 804: Confined Spaces
- 805: Creating a Culture of Accountability: People Come First
- 806: Planning for Cascadia – Earthquake and Tsunami Hazards in the Pacific Northwest
- 807: Certifications and Professional Associations for Safety and Health Professionals
- 808: What's in a Number?
- 809: Active Shooter (ALICE) and Incident Response Protocol (8:30 a.m.-noon)
- 810: Dealing with People Who are Different from Me
- 811: When Tech Meets Safety
- 812: Industrial Hygiene in Construction - Emerging Issues
- 813: Occupational Epidemiology and Health Disparities

# Schedule-at-a-Glance

- 814: Functional Fitness: Does it Fit in the Workplace?
- 815: Robotics Safety in the Craft Beverage Industry
- 817: Ergonomics: Practical Solutions for Impractical Problems
- 818: Back to Work: An Overview of Common Work-related Back Injuries and the Rehabilitation of the Injured Worker
- 819: Preparing for a Fire Inspection
- 820: Respiratory Protection - From Selection to Program Administration

## 10:30 a.m.-noon

*Continued from 8:30 a.m. – 809*

- 821: Hazard Identification for Safety Committees
- 822: The Forecast From Ground Level: An Injured Worker's Perspective
- 823: Communicating with Success
- 824: Beyond Carrots and Sticks – Effective Workplace Wellness Engagement Strategies
- 825: Employment Lifecycle: Top 10 Supervisor Mistakes
- 826: Advanced Injury Prevention by Combining Ergonomics, Physical Medicine and Wearable Technology
- 827: Perilous Icons of the Cascades: Volcano Hazards in the Pacific Northwest
- 828: Know Your Brew: Diacetyl and 2, 3-pentanedione Exposure in the Coffee and Beer Industries
- 829: Property Insurance/Earthquake Market Update
- 830: Ladder Safety and Innovation
- 831: Foundation of Trust
- 832: The ABCs of Respirator Fit Testing
- 833: Occupational Health of Animal Workers: Exploring Research Approaches to Worker Safety and Health in Understudied Worker Populations
- 834: Optimizing the Supervisor Response to MSDs: The Key to Reducing Costs
- 835: Growing Pains: Brewery and Winery Safety is No Accident
- 836: Northwest Advances in Occupational Health: What's Happening in Research?
- 837: Control of Hazardous Energy: Program Implementation of Nuances and Challenges
- 838: How to Pick the Right Type of Online Safety Training for Your Company
- 839: Environmental Regulation Basics for Safety Managers

## 2:30-5 p.m.

- 850: Accident/Incident Investigation
- 851: A Busy Leader's Guide to Dealing With Difficult Situations (and People)
- 852: Nodding Off: Managing Fatigue (the Whole Picture)
- 853: Getting the Most Out of EALP
- 854: Preparing for the Worst: Responding to On-the-Job Fatalities
- 855: Managing Worker Safety and Workers' Comp in a Joint Employer Relationship
- 856: Ergonomics and Safety Voice Training to Reduce Injuries in Bricklayers
- 857: Emergency Response Teams
- 858: Ergonomics in Healthcare
- 859: Personal Protective Equipment in Construction Trades
- 860: Implicit Bias and the Unsafe Workplace
- 861: Driven to Distractions
- 862: Understanding Low Back Pain and Reducing the Associated Disability
- 863: Help! My Computer is Killing Me
- 864: Process Safety Versus Occupational Safety: Can You Have One Without the Other?
- 865: Dock Safety and Pallet Rack Safety
- 866: Combustible Dust Hazards – A Basic Overview
- 867: Continuous Improvement Safety – The Crossroad to Accountability and Employee Engagement
- 868: Respiratory Protection Challenges in General Industry, Construction, and Health Care
- 869: Tech Assessment Tools

## THURSDAY, MARCH 9

### 8-9:30 a.m.

- 901: Front Line Defense for Violence in the Workplace
- 902: Towards a More Meaningful and Relevant Medicine and Healthcare Experience
- 903: Public Use of AED's and an Introduction to High Performance CPR
- 904: iPhones/iPads use in Environment, Health, Safety, Security, and Emergency Response
- 905: Partnering with Occupational Health Professionals to Improve the Bottom Line: An Introduction to Health and Productivity Management
- 906: Enterprise Risk Management – ISO 3100 (8 a.m.-4 p.m.)
- 907: Welding: Exposures and Controls (8 a.m.-4 p.m.)
- 908: Safe Forklift Operations – A User's Guide (8 a.m.-4 p.m.)
- 909: Accident/Incident Investigation Workshop (8 a.m.-4 p.m.)
- 910: Connection Between Lean Design/Construction and Construction Worker Safety
- 911: Ergonomic Trends in the Workplace: Separating Fact from Fiction
- 912: Occupational Dog Bite Safety/Prevention
- 913: Annual Hazwoper Refresher (8-hour) (8 a.m.-4 p.m.)
- 914: Fall Protection Rescue Discussion and Demonstration
- 915: Tools for Conscious Leadership: Proven Strategies for Improving Safety Performance (8 a.m.-4 p.m.)
- 916: Boomeranging: Revitalizing an Aging Workforce

### 10:30 a.m.-noon

*Continued from 8 a.m. – 906, 907, 908, 909, 913, and 915*

- 917: Umpqua Community College Active Shooter Event - Moving Forward
- 918: Cool Tools: Making Work Easier and Safer
- 919: Watching You: The Art of Presenting
- 920: Oregon Labor History in Context: Evolving Work, Evolving Hazards
- 921: Electrical Incident Case Studies
- 922: Participatory Ergonomics: The Key to a Successful Ergonomics Program
- 923: Build a Safe and Productive Supported Scaffold
- 924: Shoulder and Knee Problems in the Workplace
- 925: Reporting, Planning, and Response Considerations for Workplace Hazardous Materials Emergencies
- 926: General Overview of Chemistry for Safety and Health Professionals

### 1-4 p.m.

*Continued from 8 a.m. – 906, 907, 908, 909, 913 and 915*

- 950: Pre-escalation: Serving Individuals Who are in Distress, Experiencing a Crisis, or Exhibiting Signs of a Mental Illness
- 951: Trenching and Excavation: Safety and the Role of the Competent Person
- 952: Keep Your Head in the Game – The Role of Mindfulness on Safety
- 953: Manual Material Handling Risk Assessment Methods: We Know it's Bad, but Just How Bad is it?
- 954: Oregon Fatality Assessment and Control Evaluation: Surveillance, Investigation, Research, and Outreach
- 955: Risk Assessment and Hazard Analysis Techniques
- 956: Worker-based Safety: It's a Jungle Out There!
- 957: How to Develop, Implement, and Maintain a High Quality Industrial Hygiene Program

### Exhibit Hall Hours

**Tuesday – 8 a.m.-5 p.m.**

**Wednesday – 8 a.m.-5 p.m.**

**Thursday – 8-10:30 a.m.**