

### COMMUNICATION/TRAINING

- 651:** Customer Service - Within Your Teams and With Your Clients
- 660:** Constructive Confrontation
- 703:** Reducing Stress and Preventing Burnout - Evidence-based Practices that Work
- 751:** Mindfulness in the Workplace
- 772:** Coaching as a Leadership Skill
- 801:** Hook, Book, Look, and Took: A Simple Strategy for Instructional Design That Works!
- 810:** Dealing with People Who are Different from Me
- 823:** Communicating with Success
- 838:** How to Pick the Right Type of Online Safety Training for Your Company
- 851:** A Busy Leader's Guide to Dealing With Difficult Situations (and People)
- 904:** iPhones/iPads use in Environment, Health, Safety, Security and Emergency Response
- 919:** Watching You: The Art of Presenting

### CONSTRUCTION

- 655:** Rigger/Signalperson - The Basics and Beyond
- 709:** "Hope You Don't Fall"
- 713:** Work-related Traumatic Brain Injury in Oregon
- 719:** Parallels Between the Safety and Lean Journeys
- 753:** Prevention Through Design in Construction
- 757:** The Role of the Proactive Property Insurance Company in Construction Projects
- 761:** Strategies to Reduce Theft and Vandalism in the Construction Industry
- 773:** Safe Use of Working Platforms - MEWP Safety
- 781:** Lead by Example: Safety is a Mindset and Habit
- 804:** Confined Spaces
- 811:** When Tech Meets Safety
- 812:** Industrial Hygiene in Construction - Emerging Issues
- 826:** Advanced Injury Prevention by Combining Ergonomics, Physical Medicine and Wearable Technology
- 830:** Ladder Safety and Innovation
- 856:** Ergonomics and Safety Voice Training to Reduce Injuries in Bricklayers
- 859:** Personal Protective Equipment in Construction Trades
- 868:** Respiratory Protection Challenges in General Industry, Construction, and Health Care
- 910:** Connection Between Lean Design/Construction and Construction Worker Safety
- 914:** Fall Protection Rescue Discussion and Demonstration
- 921:** Electrical Incident Case Studies
- 923:** Build a Safe and Productive Supported Scaffold
- 951:** Trenching and Excavation: Safety and the Role of the Competent Person
- 954:** Oregon Fatality Assessment and Control Evaluation: Surveillance, Investigation, Research, and Outreach

### CRAFT BREWING/WINEMAKING

- 711:** Are Fatality and Serious Injury Incidents Possible in Your Winery or Brewery Operation?
- 762:** Chemical and Lab Safety for Small to Mid-size Craft Breweries
- 771:** Safety Foresight for Growth in the Brewing Industry
- 815:** Robotics Safety in the Craft Beverage Industry
- 835:** Growing Pains: Brewery and Winery Safety is No Accident

### EMERGENCY RESPONSE AND PREPAREDNESS

- 653:** Traffic Incident Management (TIM) Responder Training
- 754:** Employee Family Emergency Preparedness
- 756:** Confined Space and Industrial Rescue: How Much and How?
- 778:** COOP, there it is: Continuity of Operations Planning
- 806:** Planning for Cascadia - Earthquake and Tsunami Hazards in the Pacific Northwest
- 809:** Active Shooter (ALICE) and Incident Response Protocol
- 827:** Perilous Icons of the Cascades: Volcano Hazards in the Pacific Northwest
- 857:** Emergency Response Teams
- 903:** Public Use of AED's and an Introduction to High Performance CPR
- 904:** iPhones/iPads use in Environment, Health, Safety, Security and Emergency Response
- 914:** Fall Protection Rescue Discussion and Demonstration
- 917:** Umpqua Community College Active Shooter Event - Moving Forward
- 950:** Pre-escalation: Serving Individuals Who are in Distress, Experiencing a Crisis, or Exhibiting Signs of a Mental Illness

### EMERGING EHS PROFESSIONAL

- 715:** New and Experienced EHS Speed Networking Event
- 750:** The Future Career Landscape for OSH Professionals
- 774:** The Many Options for a Career in Worker Health and Safety
- 807:** Certifications and Professional Associations for Safety and Health Professionals

### EMERGING INDUSTRY: CANNABIS

- 712:** Cannabis: Spotlight on a Growing Industry
- 758:** Cannabis, It's Not Just Brownies Anymore: OLCC and Regulation Road
- 780:** Working with Cannabis: Seeing Hazards Through the Haze

### ENVIRONMENTAL AND HAZARDOUS WASTE

- 720:** Industrial Wastewater and Stormwater at Your Facility and in Your Community
- 913:** Annual Hazwoper Refresher (8-hour)
- 925:** Reporting, Planning, and Response Considerations for Workplace Hazardous Materials Emergencies

### ENVIRONMENTAL AND SOCIAL JUSTICE

- 702:** Toolkits and Resources in Total Worker Health®
- 783:** Occupational Chemical Exposure: A View from an Environmental Justice Perspective
- 813:** Occupational Epidemiology and Health Disparities
- 833:** Occupational Health of Animal Workers: Exploring Research Approaches to Worker Safety and Health in Understudied Worker Populations
- 860:** Implicit Bias and the Unsafe Workplace
- 920:** Oregon Labor History in Context: Evolving Work, Evolving Hazards

Session numbers  
refer to day of the week they occur.

**600** topics – Monday, March 6  
**700** topics – Tuesday, March 7

**800** topics – Wednesday, March 8  
**900** topics – Thursday, March 9

# Interest Tracks

## ERGONOMICS

- 659:** Ergonomic Principles for Safety Committees
- 719:** Parallels Between the Safety and Lean Journeys
- 786:** Essential Elements in Developing an Ergonomics Program
- 817:** Ergonomics: Practical Solutions for Impractical Problems
- 826:** Advanced Injury Prevention by Combining Ergonomics, Physical Medicine and Wearable Technology
- 834:** Optimizing the Supervisor Response to MSDs: The Key to Reducing Costs
- 862:** Understanding Low Back Pain and Reducing the Associated Disability
- 863:** Help! My Computer is Killing Me
- 911:** Ergonomic Trends in the Workplace: Separating Fact from Fiction
- 922:** Participatory Ergonomics: The Key to a Successful Ergonomics Program
- 953:** Manual Material Handling Risk Assessment Methods: We Know it's Bad, but Just How Bad is it?

## FOOD INDUSTRY

- 783:** Occupational Chemical Exposure: A View from an Environmental Justice Perspective
- 831:** Foundation of Trust  
*Many topics throughout the conference apply to work in the Food Industry.*

## GENERAL INDUSTRY

- 650:** You've Found the Hazards - Now What?
- 654:** Safety Culture Evolution: Case Studies and Panel Discussion
- 656:** Machine Guarding
- 707:** Movement Analysis: An Improved Model for Injury Prevention
- 766:** How to Effectively Analyze and Use Leading Indicators in Safety
- 767:** Safety: Thinking Differently
- 770:** Practical Strategies for Preventing Slips, Trips, and Falls
- 785:** GHS Requirements and the Affect on Your Existing Hazard Communication Program
- 788:** Safety Concerns About Nano-Materials
- 804:** Confined Spaces
- 819:** Preparing for a Fire Inspection
- 830:** Ladder Safety and Innovation
- 836:** Northwest Advances in Occupational Health: What's Happening in Research?
- 837:** Control of Hazardous Energy: Program Implementation of Nuances and Challenges
- 864:** Process Safety Versus Occupational Safety: Can You Have One Without the Other?
- 865:** Dock Safety and Pallet Rack Safety
- 869:** Tech Assessment Tools
- 908:** Safe Forklift Operations - A User's Guide
- 909:** Accident/Incident Investigation Workshop (8 a.m.-4 p.m.)
- 912:** Occupational Dog Bite Safety/Prevention
- 916:** Boomeranging: Revitalizing an Aging Workforce
- 918:** Cool Tools: Making Work Easier and Safer
- 921:** Electrical Incident Case Studies
- 925:** Reporting, Planning, and Response Considerations for Workplace Hazardous Materials Emergencies
- 926:** General Overview of Chemistry for Safety and Health Professionals
- 955:** Risk Assessment and Hazard Analysis Techniques

## HEALTHCARE

- 703:** Reducing Stress and Preventing Burnout - Evidence-based Practices that Work
- 714:** Creating Sustainable Safe Patient Handling Programs in Health Care: Sharing Lessons Learned from the OAHHS Worker Safety Initiative
- 717:** Opioids, Yesterday, Today, and Tomorrow
- 764:** Violence Prevention in Health Care: Sharing Lessons Learned from the OAHHS Worker Safety Initiative
- 765:** From A to Zika: Preparing for an Out-of-Oregon Occupational Exposure
- 782:** Address Burnout to Reduce Errors and Injuries
- 816:** Rebel with a Cause: What Rebels Can Teach You About Organizational Culture and Transparency
- 858:** Ergonomics in Healthcare
- 862:** Understanding Low Back Pain and Reducing the Associated Disability
- 905:** Partnering with Occupational Health Professionals to Improve the Bottom Line: An Introduction to Health and Productivity Management
- 924:** Shoulder and Knee Problems in the Workplace

## INDUSTRIAL HYGIENE

- 657:** Industrial Hygiene for the Non-IH
- 658:** Hearing Conservation: Program Best Practices and Determining Work-Relatedness
- 708:** Breathe a Little Easier - Ways to Investigate, Communicate, and Solve Indoor Air Quality Concerns
- 718:** Introduction to Environmental, Health, and Safety (EHS) Issues Relative to Diisocyanates
- 755:** Silica, with a Side of Beryllium
- 760:** Chemical Safety and Your Chemical Hygiene Program
- 777:** Significant/Interesting IH Case Studies from Oregon OSHA and Private Consulting
- 812:** Industrial Hygiene in Construction - Emerging Issues
- 820:** Respiratory Protection - From Selection to Program Administration
- 828:** Know Your Brew: Diacetyl and 2, 3-pentanedione Exposure in the Coffee and Beer Industries
- 832:** The ABCs of Respirator Fit Testing
- 866:** Combustible Dust Hazards - A Basic Overview
- 868:** Respiratory Protection Challenges in General Industry, Construction, and Health Care
- 907:** Welding: Exposures and Controls
- 926:** General Overview of Chemistry for Safety and Health Professionals
- 957:** How to Develop, Implement, and Maintain a High-quality Industrial Hygiene Program

## MOTOR VEHICLE SAFETY/AUTOS

- 653:** Traffic Incident Management (TIM) Responder Training
- 861:** Driven to Distractions

See Pages 10-50  
for program descriptions.

**NEW SAFETY PROGRAM**

- 701:** Basics in Starting a Safety Program  
*Topics in the Safety Committee/Meetings track, and many other tracks, apply to those with new safety programs.*

**OCCUPATIONAL HEALTH/MEDICINE**

- 703:** Reducing Stress and Preventing Burnout – Evidence-based Practices that Work
- 717:** Opioids, Yesterday, Today and Tomorrow
- 765:** From A to Zika: Preparing for an Out-of-Oregon Occupational Exposure
- 782:** Address Burnout to Reduce Errors and Injuries
- 813:** Occupational Epidemiology and Health Disparities
- 818:** Back to Work: An Overview of Common Work-related Back Injuries and the Rehabilitation of the Injured Worker
- 822:** The Forecast From Ground Level: An Injured Worker’s Perspective
- 862:** Understanding Low Back Pain and Reducing the Associated Disability
- 905:** Partnering with Occupational Health Professionals to Improve the Bottom Line: An Introduction to Health and Productivity Management
- 924:** Shoulder and Knee Problems in the Workplace
- 952:** Keep Your Head in the Game - The Role of Mindfulness on Safety

**REGULATORY/LEGAL ISSUES**

- 706:** Recordable, Reportable, or Both?
- 768:** Retaliation and Whistleblower Claims: The Latest (and Not-so-Greatest) Developments
- 776:** Budding Complications: Managing the Workplace in the Age of Recreational Marijuana
- 803:** Regulatory Update
- 825:** Employment Lifecycle: Top 10 Supervisor Mistakes

**REGULATORY UPDATE**

- 855:** Managing Worker Safety and Workers’ Comp in a Joint Employer Relationship

**RISK MANAGEMENT**

- 710:** Risk Management and EHRS Working Together: Start, Stop, Continue
- 757:** The Role of the Proactive Property Insurance Company in Construction Projects
- 779:** The Fundamentals of Self-Insured Loss Prevention Efforts
- 808:** What’s in a Number?
- 829:** Property Insurance/Earthquake Market Update
- 906:** Enterprise Risk Management - ISO 3100
- 955:** Risk Assessment and Hazard Analysis Techniques

**SAFETY AND HEALTH MANAGEMENT/CULTURE**

- 704:** From Frustration to Exhilaration: How One Company Changed Their Safety Culture and Developed an Award-winning, Low-cost Safety Program
- 759:** Building Safety Culture: Integrating Total Worker Health into a High Risk and Sedentary Workplace
- 805:** Creating a Culture of Accountability: People Come First
- 854:** Preparing for the Worst: Responding to On-the-Job Fatalities
- 867:** Continuous Improvement Safety – The Crossroad to Accountability and Employee Engagement
- 952:** Keep Your Head in the Game - The Role of Mindfulness on Safety
- 956:** Worker-based Safety: It’s a Jungle Out There!

**SAFETY COMMITTEES/MEETINGS**

- 650:** You’ve Found the Hazards - Now What?
- 660:** Constructive Confrontation
- 800:** Safety Committee Basics
- 821:** Hazard Identification for Safety Committees
- 850:** Accident/Incident Investigation
- 915:** Tools for Conscious Leadership: Proven Strategies for Improving Safety Performance

**TOTAL WORKER HEALTH AND WELLNESS**

- 652:** Unlocking Discretionary Effort: Engagement for Total Worker Health®
- 702:** Toolkits and Resources in Total Worker Health®
- 752:** Age in the Workplace: Opportunities for Supporting Workers Across the Lifespan
- 759:** Building Safety Culture: Integrating Total Worker Health into a High Risk and Sedentary Workplace
- 775:** Workplace Health and Safety for Employees with Disabilities
- 813:** Occupational Epidemiology and Health Disparities
- 814:** Functional Fitness: Does it Fit in the Workplace?
- 824:** Beyond Carrots and Sticks -Effective Workplace Wellness Engagement Strategies
- 852:** Nodding Off: Managing Fatigue (the Whole Picture)
- 902:** Towards a More Meaningful and Relevant Medicine and Healthcare Experience

**UTILITIES (POWER, WATER, GAS)**

- 705:** Leading Indicators – A Tool to Help Find the Pathway to Safety and Operational Excellence
- 754:** Employee Family Emergency Preparedness
- 784:** Serious Employee Injury: Lessons Learned and Key Takeaways
- 809:** Active Shooter (ALICE) and Incident Response Protocol

**WORKERS’ COMPENSATION/CLAIMS MANAGEMENT**

- 716:** Workers’ Compensation 101: From Injury to Closure
- 763:** WC101: Employer Coverage Services and Information
- 787:** The Importance of Physical Task Analysis
- 802:** Hurt Heroes: Data Mining Police and Fire Work Comp Claims
- 834:** Optimizing the Supervisor Response to MSDs: The Key to Reducing Costs
- 853:** Getting the Most Out of EAIP

**WORKPLACE VIOLENCE PREVENTION/SECURITY**

- 809:** Active Shooter (ALICE) and Incident Response Protocol
- 901:** Front Line Defense for Violence in the Workplace
- 917:** Umpqua Community College Active Shooter Event – Moving Forward

**See Pages 10-50  
for program descriptions.**