Monday, March 6

1-4 p.m.
650: You’ve Found the Hazards - Now What?
651: Customer Service – Within Your Teams and With Your Clients
652: Unlocking Discretionary Effort: Engagement for Total Worker Health
653: Traffic Incident Management (TIM) Responder Training
654: Safety Culture Evolution: Case Studies and Panel Discussion
655: Rigger/Signalperson - The Basics and Beyond
656: Machine Guarding
657: Industrial Hygiene for the Non-IH
658: Hearing Conservation: Program Best Practices and Determining Work-Relatedness
659: Ergonomic Principles for Safety Committees
660: Constructive Confrontation

Tuesday, March 7

8:30-9:45 a.m.
700: Opening and Keynote: Thinking Differently About Safety

10:30 a.m.-noon
701: Basics in Starting a Safety Program (10:30 a.m.-3 p.m.)
702: Toolkits and Resources in Total Worker Health
703: Reducing Stress and Preventing Burnout - Evidence-based Practices that Work
704: From Frustration to Exhilaration: How One Company Changed Their Safety Culture and Developed an Award-winning, Low-cost Safety Program
705: Leading Indicators - A Tool to Help Find the Pathway to Safety and Operational Excellence
706: Recordable, Reportable, or Both?
707: Movement Analysis: An Improved Model for Injury Prevention
708: Breathe a Little Easier - Ways to Investigate, Communicate, and Solve Indoor Air Quality Concerns
709: “Hope You Don’t Fall”
710: Risk Management and EHRS Working Together: Start, Stop, Continue
711: Are Fatality and Serious Injury Incident Possible in Your Winery or Brewery Operation?
712: Cannabis: Spotlight on a Growing Industry
713: Work-related Traumatic Brain Injury in Oregon
714: Creating Sustainable Safe Patient Handling Programs in Health Care: Sharing Lessons Learned from the OAHHS Worker Safety Initiative
715: New and Experienced EHS Speed Networking Event
716: Workers’ Compensation 101: From Injury to Closure
717: Opioids, Yesterday, Today, and Tomorrow
718: Introduction to Environmental, Health, and Safety (EHS) Issues Relative to Diisocyanates
719: Parallels Between the Safety and Lean Journeys
720: Industrial Wastewater and Stormwater at Your Facility and in Your Community

1:30-3 p.m.
Continued from 10:30 a.m. – 701
750: The Future Career Landscape for OSH Professionals
751: Mindfulness in the Workplace
752: Age in the Workplace: Opportunities for Supporting Workers Across the Lifespan
753: Prevention Through Design in Construction
754: Employee Family Emergency Preparedness
755: Silica, with a side of Beryllium
756: Confined Space and Industrial Rescue: How Much and How?
757: The Role of the Proactive Property Insurance Company in Construction Projects

3:30-5 p.m.
770: Practical Strategies for Preventing Slips, Trips, and Falls
771: Safety Foresight for Growth in the Brewing Industry
772: Coaching as a Leadership Skill
773: Safe Use of Working Platforms - MEWP Safety
774: The Many Options for a Career in Worker Health and Safety
775: Workplace Health and Safety for Employees with Disabilities
776: Budding Complications: Managing the Workplace in the Age of Recreational Marijuana
777: Significant/Interesting IH Case Studies from Oregon OSHA and Private Consulting
778: COOP, there it is: Continuity of Operations Planning
779: The Fundamentals of Self-Insured Loss Prevention Efforts
780: Working with Cannabis: Seeing Hazards Through the Haze
781: Lead by Example: Safety is a Mindset and Habit
782: Address Burnout to Reduce Errors and Injuries
783: Occupational Chemical Exposure: A View from an Environmental Justice Perspective
784: Serious Employee Injury: Lessons Learned and Key Takeaways
785: GHS Requirements and the Affect on Your Existing Hazard Communication Program
786: Essential Elements in Developing an Ergonomics Program
787: Importance of Physical Task Analysis
788: Safety Concerns About Nano-Materials

Wednesday, March 8

8 a.m. Columbia Forklift Challenge Driver Check-in

8:30-10 a.m.
800: Safety Committee Basics
802: Hurt Heroes: Data Mining Police and Fire Work Comp Claims
803: Regulatory Update
804: Confined Spaces
805: Creating a Culture of Accountability: People Come First
806: Planning for Cascadia – Earthquake and Tsunami Hazards in the Pacific Northwest
807: Certifications and Professional Associations for Safety and Health Professionals
808: What’s in a Number?
809: Active Shooter (ALICE) and Incident Response Protocol
810: Dealing with People Who are Different from Me
811: When Tech Meets Safety
812: Industrial Hygiene in Construction – Emerging Issues
813: Occupational Epidemiology and Health Disparities
## Schedule-at-a-Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Details</th>
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<tbody>
<tr>
<td>8-9:30 a.m.</td>
<td>Front Line Defense for Violence in the Workplace</td>
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<td>Hazard Identification for Safety Committees</td>
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<td>The Forecast From Ground Level: An Injured Worker’s Perspective</td>
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<td>Communicating with Success</td>
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<td>Beyond Carrots and Sticks – Effective Workplace Wellness Engagement Strategies</td>
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<td>Advanced Injury Prevention by Combining Ergonomics, Physical Medicine and Wearable Technology</td>
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<td>Perilous Icons of the Cascades: Volcano Hazards in the Pacific Northwest</td>
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<td>Know Your Brew: Diacetyl and 2, 3-pentanedione Exposure in the Coffee and Beer Industries</td>
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<td>Property Insurance/Earthquake Market Update</td>
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<td>Ladder Safety and Innovation</td>
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<td>The ABCs of Respirator Fit Testing</td>
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<td>Occupational Health of Human and Animal Workers: Exploring Research Approaches to Worker Safety and Health in Understudied Worker Populations</td>
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<td>Optimizing the Supervisor Response to MSDs: The Key to Reducing Costs</td>
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<td>Growing Pains: Brewery and Winery Safety is No Accident</td>
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<td>Northwest Advances in Occupational Health: What’s Happening in Research?</td>
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<td>Control of Hazardous Energy: Program Implementation of Nuances and Challenges</td>
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<td>How to Pick the Right Type of Online Safety Training for Your Company</td>
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<td>2:30-5 p.m.</td>
<td>Accident/Incident Investigation</td>
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<td>A Busy Leader’s Guide to Dealing With Difficult Situations (and People)</td>
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<td>Nodding Off: Managing Fatigue (the Whole Picture)</td>
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<td>Getting the Most Out of EAIP</td>
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<td>Preparing for the Worst: Responding to On-the-Job Fatalities</td>
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<td>Managing Worker Safety and Workers’ Comp in a Joint Employer Relationship</td>
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<td>Ergonomics and Safety Voice Training to Reduce Injuries in Bricklayers</td>
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<td>Implicit Bias and the Unsafe Workplace</td>
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<td>Driven to Distractions</td>
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<td>Understanding Low Back Pain and Reducing the Associated Disability</td>
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<td>Help! My Computer is Killing Me</td>
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<td>Process Safety Versus Occupational Safety: Can You Have One Without the Other?</td>
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<td>Dock Safety and Pallet Rack Safety</td>
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<td>Combustible Dust Hazards – A Basic Overview</td>
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<td>Continuous Improvement Safety – The Crossroad to Accountability and Employee Engagement</td>
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<td>Respiratory Protection Challenges in General Industry, Construction, and Health Care</td>
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<td>Tech Assessment Challenges</td>
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## Thursday, March 9

### 8-9:30 a.m.

- 901: Front Line Defense for Violence in the Workplace
- 902: Towards a More Meaningful and Relevant Medicine and Healthcare Experience
- 903: Public Use of AEDs and an Introduction to High Performance CPR
- 904: IPhones/Ipads use in Environment, Health, Safety, Security, and Emergency Response
- 905: Partnering with Occupational Health Professionals to Improve the Bottom Line: An Introduction to Health and Productivity Management
- 906: Enterprise Risk Management – ISO 3100 (8 a.m.-4 p.m.)
- 907: Welding: Exposures and Controls (8 a.m.-4 p.m.)
- 908: Safe Forklift Operations – A User’s Guide (8 a.m.-4 p.m.)
- 909: Accident/Incident Investigation Workshop (8 a.m.-4 p.m.)
- 910: Connection Between Lean Design/Construction and Construction Worker Safety
- 911: Ergonomic Trends in the Workplace: Separating Fact from Fiction
- 912: Occupational Dog Bite Safety/Prevention
- 913: Annual Hazwoper Refresher (8-hour) (8 a.m.-4 p.m.)
- 914: Fall Protection Rescue Discussion and Demonstration
- 915: Tools for Conscious Leadership: Proven Strategies for Improving Safety Performance (8 a.m.-4 p.m.)
- 916: Boomeranging: Revitalizing an Aging Workforce

### 10:30 a.m.-noon

- 917: Umpqua Community College Active Shooter Event - Moving Forward
- 918: Cool Tools: Making Work Easier and Safer
- 919: Watching You: The Art of Presenting
- 920: Oregon Labor History in Context: Evolving Work, Evolving Hazards
- 921: Electrical Incident Case Studies
- 922: Participatory Ergonomics: The Key to a Successful Ergonomics Program
- 923: Build a Safe and Productive Supported Scaffold
- 924: Shoulder and Knee Problems in the Workplace
- 926: General Overview of Chemistry for Safety and Health Professionals

### 1-4 p.m.

- 950: Pre-escalation: Serving Individuals Who are in Distress, Experiencing a Crisis, or Exhibiting Signs of a Mental Illness
- 951: Trenching and Excavation: Safety and the Role of the Competent Person
- 952: Keep Your Head in the Game – The Role of Mindfulness on Safety
- 953: Manual Material Handling Risk Assessment Methods: We Know it’s Bad, but Just How Bad is it?
- 954: Oregon Fatality Assessment and Control Evaluation: Surveillance, Investigation, Research, and Outreach
- 955: Risk Assessment and Hazard Analysis Techniques
- 956: Worker-based Safety: It’s a Jungle Out There!
- 957: How to Develop, Implement, and Maintain a High Quality Industrial Hygiene Program

## Exhibit Hall Hours

- **Tuesday** – 8 a.m.-5 p.m.
- **Wednesday** – 8 a.m.-5 p.m.
- **Thursday** – 8-10:30 a.m.