

THURSDAY, MARCH 10

8 a.m.

Registration desk opens

Packet pick-up ONLY

Workshops are pre-registration only

9 a.m.-noon

703: OSHA 10 hour – Construction

(9 a.m.-4:30 p.m.) (Continued from Monday)

706: OSHA 10 hour – General Industry

(9 a.m.-4:30 p.m.) (Continued from Monday)

1001

All

Running an Effective, Efficient Meeting, and Dealing with the People that Would Derail Your Efforts

This two-part session is designed for people who would like to make their meetings more effective and efficient.

Part 1: Meeting skills – Making it efficient and effective

Discusses ways to run an efficient, effective and well-liked meeting. You are guaranteed to walk away with useful tools whether you are a participant, or the convener.

Session helps you:

- Design a purpose for your meetings that encourages participation and gives you more control
- Learn to build an agenda that people follow and stay in the meeting for
- Determine the best ways to gain group buy in and full participation

Part 2: Managing people who can derail your efforts

Some people can derail even the most productive meeting. This lively continuation teaches you how to effectively manage “those people.” You’ll hear the best tips around and you might actually salvage your own next meeting.

Teaches you to:

- Identify problem behaviors and learn tips to manage them
- See “those people” through a different set of glasses
- Learn ways to utilize differences

Pamela Cournoyer

Founder and President

Communicate with CLASS, Eugene

1002

I

Enabling Cultural Change: Tools for Evaluating Culture and Tactics for Change – Part 1

Participants learn how to measure the maturity of the current safety culture, and are introduced to tactics for enabling cultural change. This session covers:

- Evaluating safety cultures with a Safety Perception Survey and one-on-one field interviews
- Effective near miss reporting

Mike Williamsen, Ph.D.

CoreMedia, Portland

1003

B/I

Safe Forklift Operations – A User’s Guide (9 a.m.-4:30 p.m.)

If you work with forklifts, you may or may not be aware of the many rules or operational procedures and theory that govern their safe operation. Site and equipment specific operator training and evaluations, re-evaluation requirements, pre-use inspections, factors affecting capacity and stability, pedestrian practices – these are just a few of the topics that must be addressed with all operators before they get on a forklift. Attendees learn everything they need to know to effectively manage and/or supervise safe forklift operations at the work site.

Russell Halsey

Safety Engineer

The Boeing Company, Portland

Craig Hamelund

Education Specialist

Oregon OSHA, Portland

Rob Vetter

Director of Training

Ives Training Group, Blaine, Washington

1004

B/I

Risk Management – Theory and Practice (9 a.m.-4:30 p.m.)

Risk Management education on theory and practice is vital to the professional growth of all employees and supervisors working in the world of occupational safety. This course covers the following topics:

- Risk management frameworks
- Risk management decision making
- Risk cultures
- Risk management objectives
- Forecasting claims
- Conducting uncertainty analysis
- Risk finance
- Risk assessment
- Risk treatment
- Risk in project management
- Case study

Scott Moss, MPA, CPCU, ARM, ALCM, ERM

Trust Manager

CityCounty Insurance Services, Salem

1005

B

Drugs in the Workplace: Current Trends and Concerns

During this session attendees hear information from officers with the Portland Police Bureau regarding some of the drugs that Portland Police are finding prevalent at this time. They cover what these drugs are and how users are affected. The session finishes up with a presentation regarding an overview of the current legal options available to employers on how to effectively combat the growing problem of drugs in the workplace.

Randy Castaneda

Police Officer

City of Portland - Bureau of Police, Portland

Jeff McGuire

Police Officer

City of Portland - Bureau of Police, Portland

Trent T. Whitford

Attorney

Whitford Law Offices, LLC, Salem

1006

B/I

Industrial Hygiene in Construction

Part 1: An Overview

This class is designed for the construction superintendent or safety manager who has to manage safety and health along with their responsibilities. We cover the major health hazards related to construction activities. Occupational exposure levels and other rules are briefly discussed, with focus on general overview and highlights, tips, control methods, and practical suggestions. The primary focus is on how to identify the hazard and how managers control the exposure.

Alden Streatly, MS, CIH

Industrial Hygienist

Associated General Contractors, Wilsonville

Part 2: Conducting Effective Pre-Construction Risk Assessments, Implementing Control Measures and Monitoring Effectiveness

The Joint Commission's Environment of Care Standard requires that proactive construction risk assessments (PCRA's) be conducted prior to hospital construction and renovation. They also recommend other applicable design guidelines such as CDC Guidelines for Infection Control in Healthcare Facilities and AIA Guidelines for Design and Construction of Health Care Facilities. These guidelines also stress the importance of engaging multiple experts during the risk assessment process and measuring the effectiveness of implemented control measures. Understanding who needs to be involved, how often, and when can help ensure risks are identified; roles during the project are clearly understood, appropriate control measures are implemented and methods for monitoring the effectiveness of those control measures are acceptable to all parties involved. This session looks at the standards that call for pre-construction risk assessments and illustrates how to conduct proper risk assessments.

John Martinelli, CMC, CIAQM

Corporate Director, Healthcare Services

Forensic Analytical, Portland

B Basic I Intermediate A Advanced

All Applicable for all levels

Thursday, March 10, 9 a.m.-noon, continued

1007

I

Cost Justifying Ergonomics

Using real-world examples, activities, and hands-on practice, this workshop gives participants the skills they need to cost-justify their ergonomics projects and programs. The workshop provides an overview of various cost-benefit principles and models, and the data sources needed to run a good analysis. Participants have an opportunity to practice with a simple CBA model that was designed to be usable by ergonomics practitioners. Participants are encouraged to bring examples from their own workplaces to use in the analysis.

By the end of the workshop, participants are able to:

- Use a simple tool to cost-justify ergonomics interventions
- Evaluate different solutions in order to choose the most cost-effective option
- Demonstrate the value of their ergonomics efforts to management in a language that they understand and appreciate

Rick Goggins, MS, CPE

Ergonomist

Washington State Dept of Labor and Industries, Olympia, Washington

1008

I

Removing Chemicals Containing VOC's From the Workplace

This program is geared toward facilities that use VOC chemicals. The session provides direction on how to track purchased chemicals, how to perform chemical sweeps and reviews. Examples and forms are provided. Discussions are conducted on how to determine which chemicals should be replaced (what should you be looking for). Attendees receive examples of low to zero VOC chemicals that can replace existing chemicals containing higher levels of VOC's.

Gilbert L. Voigt

EH&S Manager

Stanley Black & Decker, Milwaukee

1009

I

Anatomy of the Top Work Related Injuries as Seen in the Occ Med Clinic

Get a doctor's perspective on the most common orthopedic injuries seen in the occupational medicine clinic. Learn what, why, where and how these injuries occur, and what steps your company can take to avoid them. Learn functional anatomy in an understandable format that specifically addresses the spine, shoulder, knee, wrist and elbow. Get the answers to your questions, learn what to look for within your own organization to spot potential injuries before they happen and make educated medical management decisions when they do.

Victor R. Breen, MD, MPH

Medical Director, Kaiser on the Job

Kaiser Permanente, Portland

1010

All

Workplace Violence Symposium

(9 a.m.-4:30 p.m.)

This session covers:

- What is workplace violence and understanding how we got to this point
- Forensic assessment of workplace violence
- Domestic violence, stalking, and restraining orders
- Legal aspects of workplace violence
- Case studies: fatal incidents and workplace violence prevention

Paula A. Barran, BA, MA, PhD, JD, MBA

Partner

Barran Liebman LLP, Portland

Dave Corey, Ph.D., ABPP

Psychologist, Lake Oswego

John J. Posey, CPP, PSP

President

Corporate Security Services, Battle Ground, Washington

B

Basic

I

Intermediate

A

Advanced

All

Applicable for all levels

1011

All

Proven Strategies for Improving Safety Committee Effectiveness (9 a.m.-4:30 p.m.)

Organizations that focus on developing and maintaining safe work practices prevent accidents. This session presents a variety of approaches to help participants address the human-performance aspect of the safety process. Participants learn how to identify the key elements of an effective safety committee and improve interactions with others using specific communication techniques.

Dan Miller

President

Dan Miller & Associates, Vancouver, Washington

1012

B

Respiratory Primer: Tools for Successful Program Management (9 a.m.-4:30 p.m.)

When respirators are required to control inhalation exposures, a respirator program must be implemented. This course uses a variety of techniques, including hands-on exercises and participant sharing to give attendees an understanding of OSHA required respiratory program elements and the challenges of maintaining an effective program. Topics covered include hazard assessments for selection of appropriate respirators, voluntary use of respirators, medical evaluation, fit-testing, training, program evaluation and recordkeeping.

Illa Gilbert-Jones, CIH, CSP

*Senior Safety Management Consultant
SAIF Corporation, Portland*

Dede Montgomery, MS, CIH

*Occupational Health & Safety Specialist
CROET at OHSU, Portland*

Annie Moorman, CIH, CSP, ARM

*Senior Safety Management Consultant
SAIF Corporation, Portland*

Siobhan Murphy, CIH, CSP

*Industrial Hygienist
SAIF Corporation, Portland*

Noon-1 p.m.

Lunch

(Included with Thursday workshop registration)

1-4:30 p.m.

Continued sessions from 9 a.m.

703: OSHA 10 hour – Construction

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(9 a.m.-4:30 p.m.)

1003: Safe Forklift Operations – A User’s Guide

1004: Risk Management – Theory and Practice

1010: Workplace Violence Symposium

1011: Proven Strategies for Improving Safety Committee Effectiveness

1012: Respirator Primer: Tools for Successful Program Management

1051

All

Four Generations, One Team – Success with a Multi-Generational Work Team

Today’s multi-generational workforce provides a unique challenge in the work place. It’s becoming more common for the work environment to include three, or even four generations working side by side. These multi-generational workers often have different work-styles, communication preferences, and motivation. Their lack of shared interest can provide conflict, leading to a negative impact on working relationships, production, and employee turnover.

This session:

- Discusses how these generational differences affect workplace behavior and values
- Describes methods to increase personal competency in cross-generational communication
- Offers take-home strategies to improve cross-generational working relationships, feedback and training

Casey Adair

*Safety Coordinator
GloryBee Foods, Eugene*

Manish Gooneratne

*Corporate Safety Manager
Tillamook County Creamery Association, Tillamook*

Linda Meuleveld, RN, COHN-S, CCM, CPDM, FAAOHN

*Occupational Health Consultant and Trainer
SAIF Corporation, Salem*

Bill White, ARM

*Senior Safety Management Consultant
SAIF Corporation, Salem*

Thursday, March 10, 1-4:30 p.m. continued

1052

B/I

Improving Safety Programs Through Hazard Assessment and Safety-Orientation Training

Identifying and controlling workplace hazards involve more than simply “looking for hazards.” The first phase of this training gives the attendee basic knowledge and skills needed to identify hazards and apply control strategies. This is accomplished through hazard assessment and control and then job hazard analysis. The second phase deals with safety orientation training. Once workplace hazards are identified, employees need to be informed and trained on the hazards of their new jobs or positions. Far too many new employees are injured during the first year of employment. During the training the attendees:

- Learn to identify hazardous conditions and practices in the workplace, determine root causes, and recommend control strategies to reduce or eliminate those hazards
- Learn to recognize which jobs and/or tasks need a Job Hazard Analysis and how to complete a JHA
- Understand why we conduct safety training
- Learn to recognize the elements of an effective safety training program and the stages, instruction, and techniques

Ben D. Carlson

Senior Consultant, Loss Prevention
Liberty Northwest Insurance, Eugene

1053

I

Enabling Cultural Change: Tools for Evaluating Culture and Tactics for Change – Part 2

Participants learn how to measure the maturity of the current safety culture, and are introduced to tactics for enabling cultural change. This session covers:

- Getting senior management to invest in changing safety cultures
- Continuous improvement teams in safety

Mike Williamsen, Ph.D.

CoreMedia, Portland

B Basic I Intermediate A Advanced

All Applicable for all levels

1054

B/I

Building Dynamic Safety Teams: The Engine That Drives a Super-Charged Safety Program

Learn the techniques required to build and support a team that transforms a safety program from one that is struggling to maintain to one that rockets to higher levels of achievement.

Learn how to motivate and build teamwork into your Safety Committee. This program talks about the tools needed to allow employees to take ownership and become leaders of different programs within their own Safety Committee. This covers the different stages of accountability to each other as well as the programs they handle and how to give employees the ability to move programs forward. Listen to two safety managers, both from VPP sites, as they share how they supported a culture of continuous improvement and lasting change. See how the enthusiasm flourished in their workplaces by building an environment of trust and collaboration

Michael Hill, SGE

Safety Director
Timber Products Company, Medford

Ron Richardon

Plant Personnel Manager and Safety Director
Roseburg Forest Products - Dillard Plywood, Roseburg

1055

I/A

Work Zone Safety

This program applies to urban and rural areas. Concern for road user safety, worker safety and efficiency of traffic movement is emphasized.

Attendees:

- Gain an understanding of proper flagging positions, signals, and locations
- Gain an understanding of the hazards involved in work zone management
- Learn how to set up effective traffic control on a two way road using flaggers
- Learn how to set up effective traffic control on a multi-lane road with and without a flagger
- A test is given after a question and answer session.

Dave White

Safety Trainer
Evergreen Safety Council, Bend

1056

B/I

Practical Office Ergonomics

For those of you looking to know how to conduct a basic ergonomic office workstation evaluation, this presentation is worth staying until the end of the conference for!

Goals/objectives of the training:

Participants are able to:

- Conduct a basic ergonomic assessment of an office workstation
- Discuss the pros and cons of various pieces of ergonomic equipment
- Refer to multiple resources for equipment and checklists
- Understand when to call in another professional for assistance

Topics covered include:

- Neutral posture concepts for spine and upper extremity
- Evaluating fit and adjusting office chairs
- Evaluating and understanding options for matching seated client to workstation
- Adjusting keyboard/mouse/monitor to fit client
- Evaluating other office-related job tasks including phones and document holders
- Detailed discussion and demonstrations of various computer-related equipment

Janet Peterson, PT, DPT

Ergonomic Consultant

JP Ergonomics, Shoreline, Washington

1057

I

Alternative Energy Workshop

Renewable energy is in high demand and has high visibility across the United States, with wind energy playing a significant role in the development of alternative energy in Oregon. Attendees benefit not just by the technical aspects of the presentation, but gain knowledge on EHS regulatory requirements and substantive programs to meet governmental requirements, areas of continuous improvement, and in learning more about a subject area which is obtaining a lot of public attention.

Part 1: Medical Exams and Physical Demands

The session covers physical demands and fitness for duty medical examinations and health considerations for wind plant technicians plant personnel, and visitors from leading industry practitioners.

David Z. Hall, MD, MPH

Medical Director

Adventist Health JobCare, Portland

Gary LeMoine, CIH, CSP

Director Environment Health Safety Security

Iberdrola Renewables, Portland

Part 2: Worker Safety

This session covers current wind energy EHS topics and industry control practices from construction and operations that vary from the traditional electric generation industry, plus training requirements.

CarolLee McReynolds

Apprentice Coordinator

Pacific Power, Wilsonville

David L. Verdi

Safety Administrator

PacifiCorp Energy, Casper, Wyoming

1058

I

Pain and Brain: Injury Management Best Practices

Why do the time-lines for injured workers differ from injured athletes, particularly return to work schedules versus return to play schedules? Can disability related to mild traumatic brain injury and musculoskeletal injury be prevented with timely intervention particularly in the workplace?

- After completing the session attendees are able to: Understand the current standards of care for acute management of concussion and other work-place injuries
- Review the evidence supporting the use of pre-employment screening in balance, and behavioral testing and neurocognitive tools when planning for a safe return to work
- Understand the role coordinated functional restoration and interdisciplinary intervention plays when recovery deviates from the expected course

Kevi Ames, PT, DPT

Progressive Rehabilitation Associates, Portland

Matthew McGeeHee, MD, FAAPM&R

Progressive Rehabilitation Associates, Portland